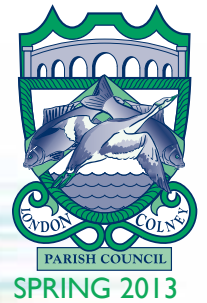


London Colney News



MARCH & APRIL 2013 - EVENTS AT THE COMMUNITY CENTRE, CALEDON ROAD

DISCO

Sat 2nd March
Family Disco 7 till 10pm
Admission free



Sun 10th March
Mothers Day Family Roast
1 till 3 inc childrens entertainer 3.30 till 4.30..
Adults £6.00 Children £3.00 Phone 821314 to book.



Thursday 14th March
St.Patricks Day Lunch
12 till 2 £4.00 per head



Sat 23rd March
Elvis in the bar
doors open @ 8 show starts at 9...
Admission free



Wed 27th March
Open mic night...
8.30 till 10.30
Admission free.



27th April
St.George's Day Celebration
Just prefect for St.George's day, Faith Stealers play Mod covers of British bands from the 60s to the present - The Who, The Small Faces, The Kinks to The Jam, Oasis & Blur



Sun 14th April
Car Boot Sale
£5 a pitch, sorry no traders
Refreshments t: 01727 821314 for details
Caledon Community Centre Playing Field, Caledon Road, L/C

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On the Cover

Starting with the well attended Remembrance Day Parade on a beautiful Autumn day - there, we did have some sunshine! **top left**

Down the page there's Laurel, Chris and Sandra, collecting for the annual Poppy Appeal at sainsbury's, London Colney. **centre left**

On the farm on another lovely sunny day in November we see two handsome sows enjoying the leftover pumpkins. **bottom left**

It just wouldn't be a front page without swans. Our local pair did very well this year and seem to have reared three fine cygnets to maturity. **bottom right**

What dedication! The fishermen on Willows Lakes were wrapped up well during the heavy snowfall in January but - Brrr! **centre right**

Barbara Cooper is seen here at the opening ceremony for Coopers Wood on yet another fine autumn day in 2012. **top right**



Paperchain Pre-school and Nursery has been caring for the children in London Colney since 2003. Our fantastic team offer a range of services for children aged 2 to rising 5 years, from pre-school fun and learning, nursery education (overseen by a qualified Early Years Teacher) and optional lunch clubs.

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Charity Quiz Night

Tickets £8.00 from Laurel Blyth

01727 769530

Saturday 16th March

6.30pm START

Fish or Chicken and Chip Supper

Licenced Bar

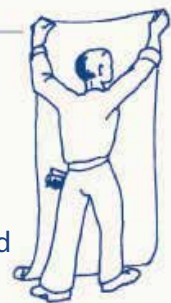
Proceeds to Emmaus, St Albans

at London Colney Community Centre, Caledon Road, London Colney, AL2 1PU



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The Push - Helen, Bryan, Stacey and Tom

Dave Ansell

This story begins many years ago when Paddy Bagge entertained at the local hospitals, social clubs and pubs as an accordion player and entertainer. Tom's interest in music was fostered by his father - he learned acoustic guitar and went on to perform in gigs with his father, later forming his own bands.

Bryan started playing guitar when he was 9, joined a band and began recording sessions at 15 and planned to become a recording engineer at Abbey Road. Later Bryan played with local bands at clubs and pubs, forming a band called French Impressions. Bryan and Tom met up in 1986, recording at Bryan's own studio, becoming 'Rich for a Day', Bryan also co-founded Farm Factory Studio.

Tom and Bryan formed a six piece band, The Big Push, which toured the UK with Jools Holland. Bryan has a Gold Disc Award for 'The One and Only' with Chesney Hawkes.

Stacey's musical career began in her father's studio. At the age of 11 she trained as a dancer and began singing with her brother Darren who played drums. She did vocals for Tom and Bryan which led to vocals with The Big Push. Later Stacey began writing her own music and learned to play the guitar. Stacey has toured Europe 5 times. Writing her own album came next, then she joined The Push.

Helen comes from a musical family; her grandmother, Nelly Watson, played piano professionally in silent movies and in London pubs. She sang in Bowmansgreen School Choir and learnt basic music skills from her brother Murray who also plays currently in a band. Helen was studying Performing Arts at Herts University, Hitchin when Bryan invited her to record in the studio with Stacey. Helen also gigs with Steve and Jim Rodford in the Rodford Files.

The Push aim to be the ultimate party band, entertaining with a broad spectrum of songs spanning five decades. They guarantee a fun night out at which they enjoy playing and seeing the regulars who are always there to inspire and support them.

Britain's got talent? - London Colney certainly has!



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The Arthur Rank Centre

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- people retired or approaching retirement;
- a very busy person, trying to organise things by telephone and letter;
- assist school-children with their homework.

The Centre has arranged with the global charity Oasis, to supply re-furbished computers at charity prices. Applicants are requested to make voluntary donations of £12 minimum, to the Centre, to cover costs and help the charity's charitable work.

To choose a computer go to <http://www.arthurrankcentre.org.uk>, click on the 'communities-and-farming' tab then click on 'computers-for-rural-people' in the 'drop down' menu. There are instructions on the website on how to order. Alternatively you can phone John Bennett t:02476 853066 to discuss your needs.

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WE LOOK FORWARD TO WELCOMING YOU

NEXT ISSUE SUMMER 2013

Distribution date - 1st week June
2013 Copy deadline - 1st May 2013

Articles should be sent to the editors c/o: Maria Aguado, 369 High Street, London Colney, AL2 1EA Tel: 823528 (phone manned evenings and weekends only) or e-mail: editor@londoncolney.com

The editors of this magazine rely on contributors for the accuracy of their articles. We regret that we cannot check all the facts, but we are happy to consider printing corrections if errors are brought to our attention. Whilst the editors endeavour to include all items submitted by the deadline given, pressure on space may sometimes mean that items will be held over for consideration in future issues and may not therefore appear in the current issue. Articles may be edited for length or clarity.

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 They're
scouts prepared for a
be prepared . . . **Jumble Sale**

on Saturday 9th March
from 11 - 1 in the Scout Hut,
Chicken Lane (off St Annes Road)
Admission 30p.

Jumble wanted, no furniture or
electrical goods please.

**Ring 07957 645146 or 01727
825215 for collection.**

World Wildlife

Dave Ansell

The most resplendent and the rarest British butterfly, the Swallowtail is confined to the Norfolk Broads. The lucky visitor may catch a glimpse of its wonderful reflection as it skims over the surface of the Thurne, Ant or Bure.

The Swallowtail is a similar size to another rare butterfly, the Camberwell beauty - both have a wingspan of 77 - 90mm.

The swallowtail's lackadaisical flight adds a flashing splendour to its black and yellow wings with their blue and red 'eyes' and tails on the hind wings.

Large numbers of eggs are laid on milk parsley leaves but more than half of these will be consumed by other insects and spiders..

There are numerous other swallowtail species around the world.



Parking

Ian Orton Chairman, LCPC

As Chairman of the Parish Council I receive more comments and complaints about car parking than any other issue in the village. Many people feel that anti social car parking is the greatest threat to the tranquility of London Colney and it is time something was done about it!

There is at present very limited controlled parking measures in place to resolve the problems of anti social car parking. Although double and single yellow lines and a small number of limited parking bays outside the Tesco Metro stretch of shops are subject to enforcement notice (Monday to Saturday one hour parking between 8.30am and 6.30pm); other parts of the rest of the village are sometimes subject to a virtual parking anywhere culture.

The Parish Council has considered some of the following options:

- Extend the very limited controlled parking to other parts of the village
- Agree a policy to prevent verge and pavement parking
- Increase the amount of parking enforcement patrols carried out by St Albans District Council from the current 15 minutes per day
- Explore the concept of using CCTV to enforce controlled parking
- Arrange a public meeting to hear ideas on the issues and how we can resolve them

But before the Parish Council enter into negotiations with St Albans District Council and Hertfordshire Police to try and improve the facilities for car parking and issue more tickets for anti social car parking; the Parish Council would like to hear your comments to these questions:

- Is Car Parking such a big problem?
- Is more enforcement the answer?

- Do we need more car parking space within the village? Would a public meeting help clear the air?

As part of this process the Parish Council would like to hear what you think and what needs to be considered to resolve such issues. I would like to hear from you on chairman@londoncolney-pc.gov.uk

Parking issues will undoubtedly continue to create problems in the villages. St Albans District Council are the parking control people, the Parking Hotline is 01727 845283.

If you think someone has parked in an anti social place like blocking a dropped curb give Parking Control a ring to check it out!

Cllr Ian Orton
Chairman London Colney Parish Council

Parking

Marie Austin

Parking seems a very petty and unnecessary subject to complain about but in the past few weeks and months the situation has become almost impossible for the residents of Richardson Close.

I will try and make this succinct: the main problem appears to lie with the residents of the High Street who live in small cottages with no parking facilities and more than one car.

Opposite to them is our Close, so it would seem obvious that they would want to park there.

They seem very reluctant to make use of any other parking facility further away, but the main problem is that they all appear to have more than one vehicle - at present we have one or two High Street residents parking up to 3 of their vehicles each in our road! Mathematics aside that works out at 6 extra cars in our road just from 2 High Street houses!

We constantly have people parking their business vans here - transit vans etc. on pavements - on the verge - anywhere they can squeeze in. Often, on turning into the road, you would be forgiven for



thinking it is a public car park and not a small residential road.

We have no room for our friends or visitors to park at weekends and in the lighter months the whole road looks ugly and seriously overcrowded to anyone visiting. Some of the residents in this road are elderly and there is genuine concern about access if ever an ambulance had to be called out.

So what do we do about it? It is a social problem I know and is common in many towns and villages. But surely something could be done! Perhaps parking could be restricted so that only one car per High Street house can park here or restrict parking of business or professional cars/



vans etc. but who would be responsible for enforcement? There are even rumours that the local Estate Agents inform their rental occupiers to please feel free to park in Richardson Close so all in all it actually feels an almost impossible situation.

Perhaps highlighting this and asking if there is anything that can be done will help other residents of the village to understand our exasperation. The constant noise from the industrial estate on one side of our house and the overcrowded parking on the other has compelled us to write - living here shouldn't really be like this should it?

Baptists

Adrian Wood

Looking ahead with London Colney Baptist Church

Spring provides a number of good things to inspire us: garden flowers begin to bloom, nature sings, daylight lasts longer, Mothering Sunday and Easter.

Spring also offers a number of things to challenge us: DIY projects, longer delays at the airport, getting the garden straight, spring cleaning, start of the exam season.

If you find yourself being bogged down by the second list too much then come and join us at London Colney Baptist Church as we will celebrate pretty much all the first list during Spring.

- Sunday Services (includes Sunday School and refreshments afterwards), 10.30am
- Toddlers group every Friday (during term time), 10am -11.30am
- Free Solicitor's Surgery for when you have those life problems that require experienced help – 1st Wednesday every month, at 7.30pm

For some tea, biscuits and company our Open Doors Bible study group meets on Thursdays, 2.30pm.

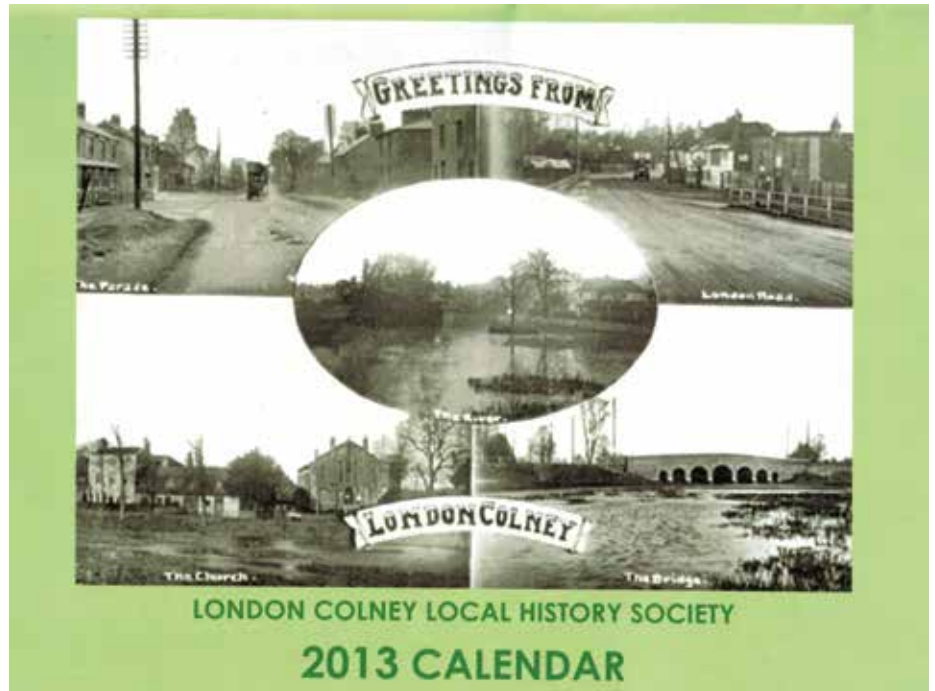
For further information on any of the above or if you would like to know more about LCBC please contact: Revd Adrian Wood Tel 01727 825 450 email: londoncolneybc@gmail.com .

In addition our hall is available for community groups to rent. Please email Mrs Joan Thomas for details joanethom@yahoo.co.uk

Memories are made of this...

Ken Peak

London Colney History Society



Once again, our local history society has produced its annual Calendar, with similarities to previous versions, but a change of emphasis for 2013, as some may notice. After much discussion with various committee members, we added pictures taken quite recently, to challenge out memory of older days; some with rueful themes to remind us of what we are losing from the past. Did you recognise the locations?

Front cover: the oldest photo-postcard of this village estimated around 1910; five wintry set views in monochrome, of course.



April: Timeless Salisbury Hall, on the outskirts of this village, still in all its medieval glory within its moat. The site was registered in the Domesday Book and many historic events are recorded in the vicinity, as you should know.

We hope you enjoyed our evocative reflection of the Village and regard the calendars as a souvenir of life in a historic community, with a fair share of curiosity and intrigue. Please join us if you wish: and if you missed the chance to obtain this year's calendar, do call in at Langleys to get a copy.

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Celebrating 60 Years in the Community

Jacky Potter, Bowmansgreen School

Bowmansgreen School recently celebrated 60 years' service to the local community by holding a celebratory assembly with some very special guests in attendance. Former pupils and staff, some from the first intake of pupils 60 years ago, were amongst those invited to attend to see the school as it is now and share a slice of anniversary cake. There were many photographs and memorabilia on display for visitors to reminisce about happy times at Bowmansgreen.

Guests commented that they had enjoyed the day and being part of it and how it had evoked many happy memories.

The school marked the day by lighting a candle for each decade the school had been open. The ceremony was performed by the Banfield/Flanagan family, who have had three generations of children attend the school.



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Parish Council Meetings are held on the first Friday of each month except in August. The next meeting will be on Friday 1st March at 7pm in The Pavillion at Morris Way Playing Fields. Members of the public are welcome to attend.

Early in each meeting Police Community Support Officers give a report of the previous month's crime in the village followed by a Public Question time if you wish to ask questions of the PCSOs or the Councillors.

The dates for the forthcoming meetings are: 1st March, 5th April, 3rd May and 7th June

Coal Posts

Jane Hobday LCP Councillor

There are a variety of posts with signs on around our village that tell us various things such as speed limits and cycle routes. But more interestingly there are white cast iron posts with the crest of the city of London on them. I thought these were just markers saying how far it was to the City of London, as the village was a stopping point on the main London to Holyhead Road! However these white posts, of which there are four within the Parish Area of London Colney, are posts telling us that in the 1860's this was the point at which tax was payable to the City of London on coal entering the area.



The posts were erected under the London Coal and Wine Duties Continuance Act, 1861; a very unpopular tax as coal was considered a basic necessity. Monies collected were used to fund works in London such as the building of the Embankment. Coal duties were not actually collected on the boundary. Coal merchants worked out how much coal they had sent into the area and paid the tax to the City of London directly. The posts are now listed because of their historical interest. They can be found near the bridge on the High Street, near the bridge on Shenley Lane and two in Harper Lane.

Next time you're out and about make sure you look for them!

Just for the budding Coal Post enthusiast... The posts cite the Act of Parliament by regnal year - that's the year of Queen Victoria's reign. VICT = Victoria; 24 = 1837 (Victoria's year of accession) + 24 years i.e. 1861; CAP 4 = Chapter 4 of the Act.

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DIRECTORY 2013

Adventure World		822447	
Age Concern	Visiting and Telephone Club	859583	
	Carer Support	850811	
St Albans District Dog Warden			
	Working Hours	819371	
	Eves and W'ends	08444 828337	
Beavers, Cubs & Scouts			
Beavers	Sue Miller	07954 153401	susan.miller173@ntlworld.com
Cub Scouts	Liz Ivory	0798 982 9956	dldcivory@virginmedia.com
Group Scout Chairman	Brad Cruickshank	07957 645 146	bradnshev@ntlworld.com
Scouts	Kirsty Lainsbury	07928 199842	kirstiedanielle@hotmail.co.uk
Scout Hall	Sue Miller	07954 153401	susan.miller173@ntlworld.com
Brownies, Rainbows and Guides			
Rainbows	Sharon Tammaro	821520	Sharon.Tammaro@nft.co.uk
Brownies	Della Bainbridge	825033	dellabainbridge@yahoo.co.uk
Guides	Val Kewley	823546	val@kewleyf9.co.uk
Bowls Club - Harperbury	Sue Allen	766259	
Broad Colney Art Group	Betty Godfrey	826640	
Childcare			
Best Friends Childcare Centre	Gemma Jones	828059	
Golden Opportunities Childcare	Alison Forde	07908 270880	www.gochildcare.biz
London Colney Children's Centre		822196	
Little Nightingales	Cassandra Cameron-Wilton	827533	
Paperchain Pre-School	Caroline George	07827 337315/07876 795073	
St Bernadette's Breakfast Club	Darlene Oliver	07944 129566	
Treasure Tots Pre-School	Kim Parker-Mead	825314 / 07594 938251	colney2heath@btconnect.com
Toddler Group, Community Centre	Val Hawkins	824420 /07974 513196	
Churches & Places of Worship			
Alexander Church	Anthony Goodchild	823027	
Alexander Church Secretary	Christine Drayson	769363	
Baptist Church			
	Minister	Adrian Wood	825450
	Secretary & Bookings	Joan Thomas	763528
London Colney Islamic Centre, 124 High Street, L/C		763930	
London Colney Mosque Minister	Khairul Huda Khan		k_huda786@yahoo.com
Roman Catholic Church	Answering Service	01923 635541	
St Peter's C of E Church	The Rev'd Lynne Fawns	769797	
St Peters Parish Centre (booking)	Andy Rawlinson	07768 256232	
Citizens Advice Bureau	Adviceline	0844 111444	
	London Colney Outreach	811118	
Cotlandswick Residents' Assoc	Henry Jones	823545	
County & District Council Services			
Untaxed Vehicles Online only			www.gov.uk/report-untaxed-vehicle
Abandoned Vehicles	Office hours only	819391	wastemanagementservices@stalbens.gov.uk
District Council		866100	
Herts Highways Call Centre		0300 123 4047	
Recycling (SADC) & Refuse Enquiries		819285	
Street Lighting	Highways - HCC	0300 123 4047	
Trading Standards Dept		01707 292429	

Dawn to Dusk
 Jo Ivory 568552
 Rosemary di Rossi 873385 dawntodusk1@wordpress.com

Medical & Dental

Dentist Mr A Gatrad 823356
 Colney Medical Centre, Kings Road 822138
 Helmsford House, High Street 823245
 Health Visitors / Baby Clinic 891300
 Young in Herts, Children's Information Service 0300 123 4052
 NHS Direct 0845 46 47
 Domestic Violence Helpline 08088 088 088
 Hertfordshire Stop Smoking Service 0800 389 3998
 Herts Alcohol Problems Advisory 01438 718374

Library 0300 123 4049

Irish Club 822251
 Local History Society Mavis Tuffnell 769302
 LC Tenants & Residents Association Pauline Hathaway 824039
 LC Village Concern Ken Peak 769406

Martial Arts

Qi Kwan Do School (Little Dragons) Jon Curtis 07825 505 099
 Tiska Karate Clinton Gregory 07792 273644
 St Albans TaeKwonDo Chris Snow 827624/07960 476124
 HSTS Tae Kwon Do School David Miles 07917 704687
 Thoree TaeKwonDo Mr Thoree 07796 240001
 Goshin Jju Jujitsu Neal Luxford sensei@chji.co.uk
 MacMillan Cancer Care Avril Foster 862079

Over 60s Club June Symonds 823666
 Jean Roberts 823325
 Park Street Bridge Club Pat Jacobs 867460

Parish Council

Clerk Gillian Patschinsky 821314
 Community Development Manager Tom Bagge 821314
 Parish Magazine Articles and Adverts Maria Aguado 823528
 Parish Magazine Delivery Gill Patschinsky 821314
 Community Centre, Caledon Road 821314

Police

Police Emergency 999
 Police Non-emergency 101
 Local Police Team Non-emergency 01707 806213
 Police from anywhere in the EU Emergency 112

Political Parties

Conservative Association Office Dave Winstone 825100
 Labour Party 769784
 Liberal Democrat Party Rob Prowse 855523
 Green Party Mary Warren 07951 290732

Royal British Legion
 Branch Secretary (Women's Section) Miss B A Crofts 01582 763736

Schools

Bowmansgreen JMI School Moira White 767772
 Friends of Bowmansgreen JMI School Michaela De Gale 07903 140856 friendsofbowmansgreen@gmail.com
 London Colney JMI School Lisa Valla 823283
 St Bernadettes RC School Lisa Barton 822489
 Nursery School Barbara Fitton 822196

Shopmobility, Drovers Way Car Park, St Albans 819339

Sports

London Colney Cricket Club	Andy Stirrat	844691	
OV Chariots U 11s	Rob Lines	07888 847289/01727 863109	
Old Verulamians Rugby FC	Trevor Munien	07711 873381	
London Colney Colts FC	Len Rodell	824535	
London Colney FC	Len Rodell & Geri Harvey	825535	
London Colney FC	Clubhouse	822132	
St Albans Rangers Youth FC			
	Mark Simpson, Chairman	07940 482077	
	Jack Carson, Secretary	01727 824810	jack.carson@btopenworld.com
The Base	Shelley Taylor	821639/07920 708029	base184@yahoo.co.uk
The Base - Counselling		07796 522216	talk2some1@hotmail.co.uk
Women's Institute	Anne Kebley	823428	
Woodcraft Folk	Lucy Southgate		stalbanswoodcraftfolk@gmail.com

Elected Representatives

Parish Council

North West Ward

Maria Aguado	369 High Street	823528	maria.aguado@dsl.pipex.com
Jane Hobday	14 Telford Road	769784	janeantonia@gmail.com
Mike Hobday	14 Telford Road	07853 292 307	mike.hobday@ntlworld.com

South West Ward

Jacob Quaglioizzi	11 Hardwick Place	07807 096824	cllr.j.quaglioizzi@stalbans.gov.uk
Norman Mahony	36 St Annes Road	767348	ncmahony@ntlworld.com
Ian Orton (Chairman)	8 Jubilee Avenue	825169	ianorton@btinternet.com

East Ward

Laurel Blyth	30A St Annes Road	769530	laurelblyth@hotmail.co.uk
Katherine Gardener	47 Thamesdale	07765137453	auxin@hotmail.co.uk
Tony Smith	2 Summers Way	821314	tony@happylife.co.uk

St Albans District Council

Simon Calder	28 Norris Close	07949 479370	cllr.s.calder@stalbans.gov.uk
'Dreda Gordon	29 Collyer Road	826233	cllr.d.gordon@stalbans.gov.uk
Jacob Quaglioizzi	5 Morris Way	07807 096824	cllr.j.quaglioizzi@stalbans.gov.uk

Hertfordshire County Council

Chris Brazier	The Cottage, 3, Park Lane, Colney Heath, AL4 0NR	823586 07836 738853	chris.brazier@hertsc.gov.uk
---------------	---	------------------------	-----------------------------

Member of Parliament

Anne Main	House of Commons, Westminster, London	0207 219 8270	maina@parliament.uk
	Constituency Office	01727 825100	

Members of the European Parliament

There are 7 MEPs for the Eastern Region. Contact them at these numbers...

Conservative: 01245 345188,	Labour: 01223 240202,
Liberal: 01223 566700,	UKIP: 01245 266466

>>

London Colney Fitness Directory

Kerry Bowler

Mondays –

Intermediate Pilates – Adventure World, Perham Way 9.30am – 10.30am t:01727 822447

Beginners Pilates – Adventure World, Perham Way, 10.30am – 11.30am t:01727 822447

50+ Yoga – Adventure World, Perham Way 2pm – 3pm t:01727 822447

Body Pump – Adventure World, Perham Way 6.30-7.30pm t:01727 822447

Excel Children's Dance Classes – Bowmansgreen School, Telford Rd 3.50pm – 7.15pm.

Dance classes between these times. Sam t:07866274703

Tae Kwon Do – Jnr. School, Alexander Rd, 7.30pm – 8.30pm Dave t:07917 704687

Tae Kwon Do – Community Centre, Caledon Road 4.30pm – 6.00pm Chris t:07960 476124

Thoree Tae Kwon Do – St Peter's Church Parish Centre, 6.00 – 7.30pm Glen t:07796 240001

Zumba – Adventure World, Perham Way 7.45 – 8.45 Naomi t:0777 320 2164

Slimming World – Our Lady of Walsingham Parish Centre, High Street 5.30pm and 7.30pm Denise t:07976 908026

Irish Dancing – Community Centre, Caledon Road. 6.30pm

Tuesdays –

Cardiac Rehab – Adventure World, Perham Way 11.30am – 1pm t:01727 822447

Excel Children's Dance Classes – Bowmansgreen School, Telford Rd 3.40pm – 7.40pm. Dance classes between these times. Sam t:07866274703

Irish Dancing – Irish Club, North Orbital Rd 6pm onwards t:01727 822251

Circuit Training - Adventure World, Perham Way. 6.30 – 7.30pm t:01727 822447

Weight Watchers – Community Centre, Caledon Road – 7.00pm. Gill t:0845 123000

Pilates - Adventure World, Perham Way. 7.30pm – 8.30pm t:01727 822447

Zumba – Primary School, Alexander Rd 8pm – 9pm Naomi t:0777 320 2164

Wednesdays-

Pilates - Adventure World, Perham Way 9.30am – 10.30am t:01727 822447

Cardiac Rehab - Adventure World, Perham Way 11am – 12.30pm t:01727 822447

Children's Dance Classes – Baptist Church, Kings Rd 3.45pm – 6.30pm

Dynamix dance classes between these times. Deanne t:07867314471

Tai Chi - Adventure World, Perham Way 2.30pm – 3.30pm t:01727 822447

Excel Children's Dance Classes - Bowmansgreen School, Telford Rd 3.45pm – 8pm.

Dance classes between these times. Sam t:07866274703

Adult Dance Classes – Baptist Church, Kings Rd 6pm – 9pm Dynamix dance classes between these times. Deanne t:07867314471

Karate - Adventure World, Perham Way 5pm – 8.30pm t:01727 822447

Set Dance - Irish Club, North Orbital Rd 8.30pm – 9.30pm t:01727 822251

Self Defence - Adventure World, Perham Way 7.30pm – 8.30pm t:01727 822447

KFA Keep Fit – Community Centre, Caledon Road 6pm – 7pm. Janet t:01438 840519

Arriba Weight Loss and Zumba – Community Centre, Caledon Road 7.30pm. World Rhythms Helen t:07867 627194

Zumba – London Colney Village Club, St Annes Rd, 7.15pm – 8.15pm. Michelle t:07886616694

Zumba Toning – London Colney Village Club, St Annes Rd, 8.15pm – 9pm Michelle t:07886616694

Thursday –

Monkey Music/Movement - Adventure World, Perham Way 9.30am – 10.30am t:01727 822447

Low Impact Aerobics – Community Centre, Caledon Road 9.30am – 10.30am Rabina t:07738360100

Body Sculpt - Adventure World, Perham Way 10am – 11am t:01727 822447

Body Pump - Adventure World, Perham Way 7.15pm – 8.15pm t:01727 822447

Zumba Gold - Baptist Church Hall 1.30pm t:07803822137 jemmazumba@live.co.uk

Tae Kwon Do – Community Centre, Caledon Road 4.30pm – 6.00pm Chris t:07960 476124

Cardio Burlesque Fitness – London Colney Village Club, St Annes Rd – 8pm – 9pm Kerry t:07976 418040

Friday –

Zumba – Community Centre, Caledon Road 10am – 11am World Rhythms Helen t:07867 627194

Pilates - Adventure World, Perham Way 9.30am – 10.30am t:01727 822447

Body Pump - Adventure World, Perham Way 9.30am – 10.30am t:01727 822447

Excel Children's Dance Classes - Bowmansgreen School, Telford Rd 4.15pm – 6.45pm. Dance classes between these times. Sam t:07866274703

Saturday –

Tae Kwon Do – Adventure World, Perham Way, 10am – 11am t:01727 827624

Kids Can Dance – Community Centre, Caledon Road 10am – 12pm Naomi t:0777 320 2164 5 u12 yrs street dance and creative moves.

Excel Children's Dance Classes - Bowmansgreen School, Telford Rd 9am – 12.40pm. Dance classes between these times. Sam t:07866274703

Sunday –

Irish Dance - Irish Club, North Orbital Rd 10am onwards t:01727 822251

For more info about classes or pricing, please contact the instructor on the number given. All classes were correct on going to press. Have fun!

Cycling 'Electric Style'

Allan MacCormack of the Solar Roof Club

With more bus routes being affected by cuts and the cost of driving getting more expensive, your mobility within your local community maybe becoming more difficult. To boost your mobility, reduce your travel costs and improve your health, have you ever thought about trying an electric bike? Whether you're 14 or 90, the electric bike is a safe and ideal way of visiting friends and family, commuting to work, going to the shops or just pleasure cycling in the Hertfordshire countryside.

If you've cycled in the past and feel you want to experience cycling again, the electric bike will give you new confidence and energy. The powerful electric motor gives you the extra drive to climb any hill, allowing you to go anywhere you want in comfort. With over 30 pubs, tearooms and restaurants throughout Dacorum having joined the Electric Bike Network, this offers you free electric bike charging points, ensuring you'll never get stranded during your cycle ride. Look out for these 'Charging Point' signs.



Cycling is great at promoting a healthy lifestyle and giving your well being a boost. The National Trust at Ashridge welcomes cyclists at their estate, so you can enjoy beautiful views and scenery from your saddle. You can ride along the Grand Union canal from Watford to Hemel Hempstead or travel to the Bluebells tearoom at Marsworth and sample their tea and luscious cakes, whilst charging your battery.

Under UK law, an electric bike is classified as a conventional bicycle. Cycling is permitted with restriction on cycle tracks and other legal cycle areas – as long as you are over 14 years old. Electric cycling is great way to reduce your travel cost, has no road tax, low insurance and easy to park.

For more information about the Electric Bike Network please visit www.zipmap.co.uk.



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WI

Anne Kebley



This lively group meets on the second Tuesday of each month in the Baptist Church Hall, Kings Road.

New members are welcome to join, please phone the Secretary, Anne Kebley on 01727 823428 if you would like to know more.

Speakers are invited to each meeting and there are interesting activities and competitions to enter each month.

Nationally, the WI campaigns on issues such as the need for more midwives, keeping our public libraries, better community mental health provision and clear 'country of origin' labelling for foods.

Programme

March - July 2013

- 12 Mar 2013
Life is a Cabaret Competition Shelia Parker
A Study in Black and White
- 9 April 2013
Men in Sheds REMAP Competition Peter Parry
An Unusual Key Ring
- 14 May 2013
Annual Meeting & Resolutions
- 11 June 2013
Victorian Shopping Competition Ian Waller
Something Victorian
- 9 July 2013
National Parks of England and Wales Competition Philip Nalpanis
Posy of Flowers for a Doll

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Industrial Walk

From the Village Green to Salisbury Hall, past the gravel workings and back via the fishing lakes and Willows Farm.

Takes about 2.5 hours.

This walk passes sites of old and new industries in the area from the wartime aircraft industry at Salisbury Hall past sand and gravel extraction which will continue until around 2040 and ends with Willows Farm, originally an example of enterprising diversification on a working farm but now entirely part of the leisure industry.

There is some parking in front of the Green Dragon Public House **1** and more on the other side of the High Street **2** next to the church.

Begin in front of the Green Dragon Public House, follow the marked footpath over the concrete footbridge towards the fields and the M25. Continue straight along the path, cross the railway sleeper footbridge and go through the kissing gate.

3 Follow the path straight on, keeping the hedge line on your left and pass through the way-marked gap in the field fence.

4 With Colney Fields Shopping Centre on your left, continue along the grassy path at the edge of the field towards the concrete footbridge over the M25. Metal vents topped with a mesh screen show that this is an old landfill site; the vents allow residual methane to escape.

5 Climb the steps up the embankment and cross the motorway footbridge then follow the footpath down the embankment to Bell Lane. As you emerge onto Bell Lane you will see a tarmac driveway opposite leading to the Arsenal Practise Grounds.

6 Cross Bell Lane using the Pegasus crossing (note the high crossing controls for horse riders) and continue into the driveway. Walk along the driveway but leave the tarmac after 20 yards and follow the path straight on between two hedges until you reach the junction with a tree-lined bridleway.

7 Crossing the bridleway you will emerge through a way-marked gap in the hedge onto a field of football pitches.

Cross this field and pass through a gap in the hedge on the far side into another field. Turn left along the edge of the field until you meet a farm track.

8 Turn left onto the track and follow it as it veers right towards the Aircraft Museum. Walk around the gate on the track and continue along a short stretch of track with paddocks on your left.

9 Straight ahead is a metal barrier with a way-marked post on its right marking a gap in the hedge at the entrance to the Aircraft Museum. Through this gap turn left and then immediately right following the road between the houses until you come to Salisbury Hall on your right behind its moat.

10 Turn left at the entrance to the hall then right at the junction 20 yards on. Walk along the private access road for Salisbury Hall until just before the junction with the road to South Mimms that runs beside the M25 at this point.

11 Turn right onto Bridleway and follow it to the first junction. Turn left here, cross the road and enter the tunnel under the motorway. Note the 'step over' barrier for horses with rubber, non-slip matting in case they jump rather than step.

12 When you emerge from the tunnel, look for a waymark post directing you to the left. Walk along the broad gravel path, keeping the motorway on its embankment on your left. The bridleway is interrupted by the access road to the 'M25 Widening Compound' which lies behind fences to the right of the bridleway.

Cross this road and continue along the bridleway until you reach Coursers Road which leads to Colney Heath.

13 The bridleway turns right at that point and carries on to the right of Coursers Road, crossing a number of access roads to the gravel quarry and landfill site on the right. This is a changing landscape consisting of deep quarry workings, landfill and areas that have yet to be opened for the extraction of sand and gravel. The bridleway also crosses the conveyor belt that carries material

excavated from this quarry to the sand and gravel processing plant to the north behind Tyttenhanger House. If you walk this route on a weekday you might see it working.

14 The bridleway turns left and crosses Coursers Road. Waymarks lead you along a concrete drive.

15 After about 300M, a sign advises you that there is no public right of way beyond this point.

16 Turn left here along a waymarked footpath which crosses an estate road and the conveyor belt once more and winds downhill.

There is a hide on a mound to the right of the path from which you can observe wildfowl on the lake. Continuing along the path beyond the hide you will come to the foot of a power pylon.

17 Keep the pylon on your left and follow the path round it to the left. The path now carries on towards Willows Farm. As you continue, the River Colne on the right of the path is in a straight manmade channel and there are paddocks to the left.

18 Once you reach the farm, the path is clearly marked and strewn with stiles, gates and advisory notices. Footpaths run on both sides of the river.

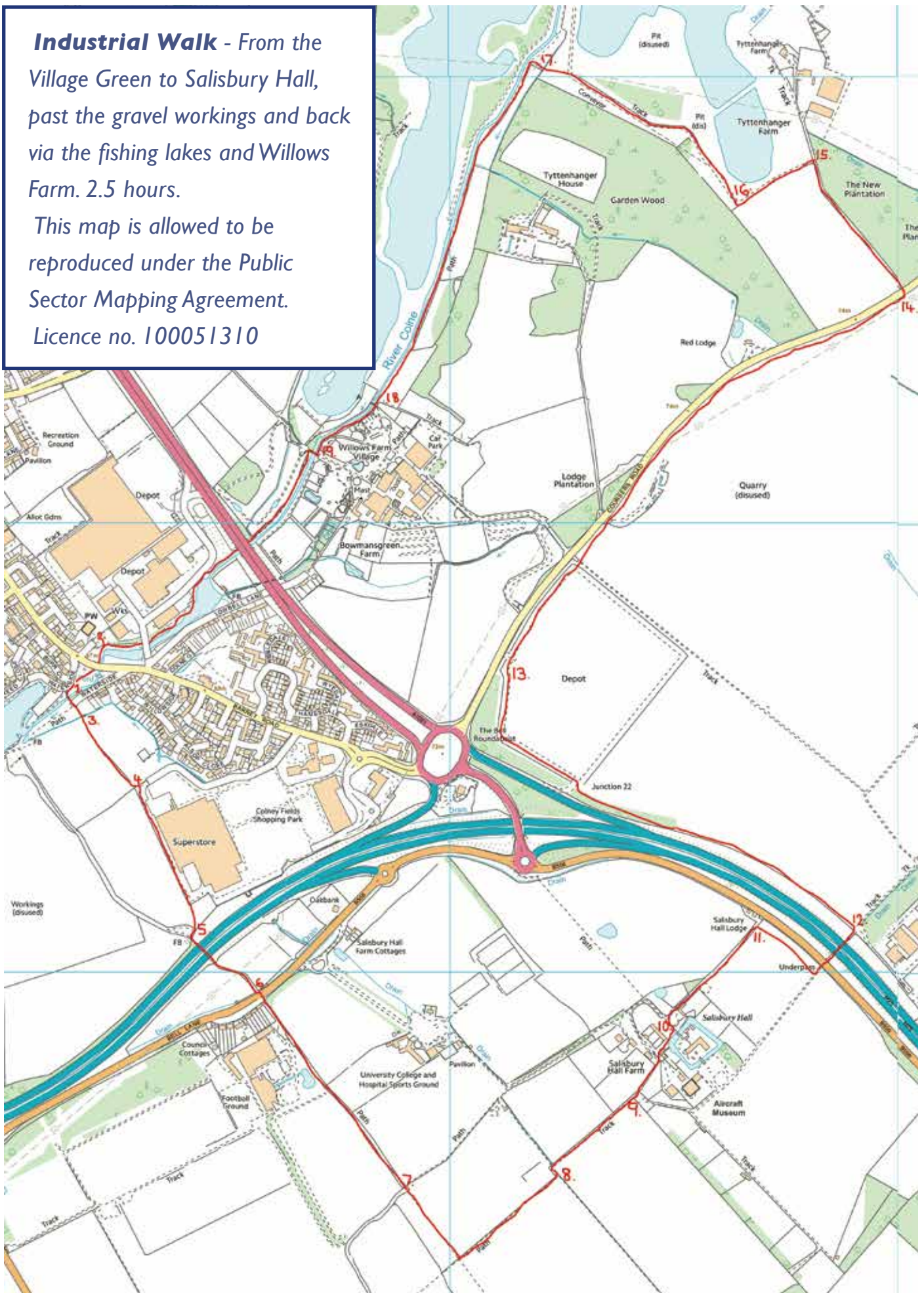
19 You should cross the river using the concrete humpbacked bridge on the right of the path. On the other side, turn left and follow the narrow path which sticks to the right bank of the Colne as it passes under the London Colney Bypass.

The path now runs along the bank of the Colne as it widens into the lake. Continue along the side of the lake until, just before the seven arched bridge, you see an opening on your right into the car park by St Peter's Church where you might have left your car. If not, carry on until you reach the bridge. In dry weather you can walk through one of the two minor arches onto the green in front of the Green Dragon Public House. In wet weather you may have to cross the road to get to the green.

Industrial Walk - From the Village Green to Salisbury Hall, past the gravel workings and back via the fishing lakes and Willows Farm. 2.5 hours.

This map is allowed to be reproduced under the Public Sector Mapping Agreement.

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Gardening

Anne Kitchener



Last summer's wet weather had the unexpected bonus of more than usually lush growth and blooming in our garden which required considerable effort to get under control and tidied before winter set in. I left some plants untrimmed such as rudbeckia, fennel, echinacea and verberna bonariensis as these flower right up until the first frosts. They have decorative seed heads which look particularly attractive coated with frost on a bright, frosty winters morning. It also reduced some of the work. However, a problem which had been developing for some years and could no longer be ignored was the dense planting growing up the house walls, especially in the front garden. It was time this was tackled.

There was a Clematis Armandii growing up the front of the house to one side and round a corner; and variegated ivy growing up and around the other front corner. There was a climbing rose, Mermaid, which reached up to a bedroom window and my favourite, a honeysuckle, which had grown to clothe a side corner and had become entangled with the clematis. There was also a pyracantha growing by the front path and against the house which had definitely outgrown its space and along with some of the honeysuckle would occasionally attack unwary visitors.

The pyracantha and honeysuckle were very intimately entwined.

As much as I enjoyed these plants, something had to be done. The clematis and honeysuckle had pulled their supporting trellis out of the wall, and the pyracantha's flowering ability was severely curtailed by the regular vigorous pruning required to keep it in check. Even more dangerous was the honeysuckle threatening to dislodge a gas pipe. The view from the kitchen window was becoming increasingly obscured and there was also the indisputable fact that we are not getting any younger and climbing up ladders to keep all this under control would get harder and more dangerous over the coming years. Work on these plants was urgently needed.

I decided that the pyracantha was no longer suitable for its allotted space and that the clematis was more trouble than it was worth, so both of these could be removed. The ivy also could go as it required regular pruning and was mainly hidden down a dark corner. The honeysuckle, however, is a particular favourite, last year in late spring and early summer it filled the air with its perfume over many weeks, and I wanted to keep as much of this as possible. Much precarious climbing, chopping, pruning and several

trips to the Recycling Centre later we now have the result. I think I am happy, though the walls do look rather bare. The ivy, pyracantha and clematis are gone and the honeysuckle, though much reduced, is saved and is already growing new shoots which I will control more carefully. The climbing rose is still there and can be mainly kept under control from the bedroom window. We now have a much better view of the plants in the front garden from the kitchen window, and there is much more light coming into the kitchen and downstairs cloakroom.

Looking forward to this year, another planned change, this time to the back garden, is to turn a corner of one of the borders into more space for vegetables. As there are lots of bulbs here, I need to wait until they appear in spring, so that I can move them without damage. There are also other plants to move to clear the area; hopefully I will be able to squeeze them into other parts of the garden, although it is becoming rather tightly packed.

For the last few days the garden has been hidden under a blanket of snow, but this is now beginning to thaw. Snowdrops are beginning to show through, and an early daffodil is beginning to open. Primroses, primulas and a clump of white arabis were already in flower before the snow fell, and crocuses should not be far behind. Soon pulmonaria will be blooming along with winter aconites and more daffodils and spring will be on its way.



Newcomer

Brett Ellis



The problem with writing a virgin article for a publication you have never written prose for before, is managing to get the correct tone and content matter so as not to crash and burn from the off. I am therefore left with a quandary as to the content and tone of my opening gambit.

I toyed with the idea of writing about my job, but let's face it; no one wants to read about another's working life. I also considered having a whinge about the state of kids TV today, council services (!), idiot drivers or people who wear comedy ties, but felt that that was not 'local' enough and therefore not appropriate.

I therefore decided to base my brief column on my views of Colney as an 'incomer' having moved here in early 2010. I had only visited once prior to buying a house here. From the off, it felt 'right' and that was good enough for me (plus we desperately needed a garden for the family to run around in). A cursory glance at Wikipedia the night before we

moved filled me with the facts that I still trot out to visitors now: It is the 2nd largest village in the UK. Other revelations include the LC primary school which was opened on September 4th 1939 but shut the same day due to War being declared (unfortunate timing if ever there was!).

So what has Colney got as its Unique Selling Point? I believe that a village is the same as any successful business: It is only as good as the people that live there. This is where Colney comes up trumps. Since we moved here we have been made to feel welcome at every turn. From the staff at St Bernadettes who have welcomed my eldest, to neighbours and friends made at Willows and public houses...the welcome has been immense and reminiscent of my first trips to Cornwall.

It is a shame however that 'niceness' and being welcoming does not sell a place to visitors or potential incomers. Mention London Colney to anyone from outside the area and they will invariably say 'Oh...I go to Sainsbury's there sometimes. It's big'. This got me thinking, how to get the village on the world map?

My hometown of Hastings, although much larger and with the pulling power of the seaside and (now burnt down) pier, had a similar quandary. How to put the town on the map since its last event of note in 1066. They came up with the annual 'Pirate day'. The premise is simple: Have as many people dressed in pirate regalia in one place at one time. They managed to break the world record a couple of years ago before Penzance, showing that imitation is the sincerest form of flattery, came back strongly and organised their own pirate day breaking Hastings' record and hearts to boot. Undeterred however, Hastings snatched the crown back this summer with an

impressive 14,231 pirates congregating on the seafront to steal the crown. Very impressive for a town with a population of 100,000, probably helped, in part by the large numbers of unemployed people who may not have better things to do with their time...

So what can LC do? I've an idea, although I'm not sure why, as I'm not a fan, but why not arrange the world's biggest 'gangnam' style dance this coming summer? It would provide a boost to local businesses, create press (favourable or otherwise) and draw crowds from near and far who would like to take part in a world record attempt. Just a thought, but it would be another Wikipedia entry, 'London Colney: The UK Gangnam style world record holder'. Has a ring to it I reckon.....

Disposables

Jane Hobday LCP Councillor



Disposing of Disposable Nappies!

St Albans District Council can supply you with special bags to put disposable nappies in, if you can show that you have problems with the volume of waste in your Black Bin.

Some local residents have been provided with nappy sacks which are collected with the black bin fortnightly collections.

There is also a weekly collection service of disposable nappies available at a fee of £19.50 for a 6 month supply.

For further information please enquire via the customer contact centre on 01727 819285 or wastemanagementservices@stalbens.gov.uk



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t: 01727 827533
e: info@littlenightingales.com

Salt

Maria Aguado

The Parish Council knows we still don't have enough salt in the village!



Too many roads and pavements were dangerous for both motorists and pedestrians in the recent snow. So we're buying four additional salt bins, and we're keen to find the right locations for them around the village. We aren't allowed to put them on the highway (that includes pavements) since the County Council considers there are enough salt bins already - more than they can easily keep filled in bad weather. We plan to place them in Morris Playing Fields Car Park, the Community Centre Car Park off Caledon Road, St Peter's Church Car Park in the High Street and Shenley Lane Playing Fields Car Park - let us know what you think.

The County Council runs a Communities, Parish and Town Assistance Salt Bag Scheme. Under this scheme, volunteers in the community can be supplied with up to 3 bags of salt/sand for them to store and use on behalf of their neighbours. The scheme is carefully regulated by the County Council who provide guidance and a risk assessment for volunteers who are assured "Contrary to popular myth, there is no law stopping you from doing this, providing you take a careful and common sense approach."

Please contact the Parish Council office on 01727 821314 if you would like to volunteer to store and use salt to benefit others in your immediate area.

Hopefully, we can make next winter a safer one!

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email: suzanne.langridge@ntlworld.com

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t: 01727 825 060 e: londoncolneycounselling@hotmail.co.uk

The Highwayman

Grace Fitzjohn



The Highwayman by Alfred Noyes has been one of Britain's favourite poems which, with its 'hoofbeats' rhythm and strong romantic story, has inspired young and old since it was first published in 1906.

Young Tim loves Bess but she loves the Highwayman and is prepared to die for him...

Grace Fitzjohn, aged 9, who wrote the story from which this excerpt was taken, goes to Bowmansgreen School.



CAR BOOT SALE

9am – 1pm, Sunday 28th April 2013

Bowmansgreen Primary School

Telford Road, London Colney, Herts, AL2 1PH

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For more info: 07903 140856

fobs@bowmansgreen.herts.sch.uk



London Colney Children's Centre

Alexander Road London Colney, AL2 1JG

Phone: 01727 822196 option 3

Come long and find out more

Day	Time	Venue	Activity / group
Monday	9.15am - 11.15am	London Colney Children's Centre	Walkers and Talkers Parent & Toddler group for 0 - 4 years.
Monday	12.30pm - 2.00pm	London Colney Children's Centre	Breastfeeding support Drop in and have a chat with other mum's and one of our breastfeeding network helpers.
Tuesday (starts 22 January 2013)	9.30-10.15am Term time only	Park Street Village Hall, Watling Street	Funky Monkey Movers Help develop your child through this interactive fun and lively music session
Wednesday	10-11.30am	London Colney Children's Centre	Baby Massage Advanced bookings only
Thursday	11.00am - 4.00pm	London Colney Children's Centre	Fruit and Vegetable stall Come along and buy fresh fruit and vegetables
Thursday	9.15am - 11.15am	London Colney Children's Centre	Walkers and Talkers Parent & Toddler group for 0 - 4 years.
Thursday	1.30pm - 3.30pm	London Colney Children's Centre	Well child clinic Baby weighing and Health Visitor advice
Friday	10.00am-10.30am	London Colney Children's Centre	Baby Rhyme Time Come along and sing nursery rhymes with your baby, followed by Wrigglers and Gigglers
Friday	10.30am-11.30am	London Colney Children's Centre	Wrigglers and Gigglers A group for babies. Come along and meet other parents.

www.hertschildrenscentres.org.uk/londoncolney

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... He was there. He was with Bess, my love. I was putting the horse to bed, when I heard: "Wait for me by moonlight, watch for me by moonlight". I couldn't believe my eyes! Captain Jackson! He was going to steal again. I tried to stop worrying. He kissed her goodbye and set off. ...

... I searched through my drawers and boxes until I finally got a pen and a bit of paper. I started to write.
 "Dear Mike, Bess, my love, hates me. She loves the highwayman, Captain Jackson. He is going to steal tonight. He is coming back to the inn. Kill him! Love Cousin Tim."...

...Upstairs, Bess was plaiting a red love knot in her long black hair. Suddenly I saw a soldier appear in Bess's room. A soldier took a rope out of his pocket. Bess looked very shocked and so did I! They tied her up to the window with a gun beside her. I noticed that if she moved, she would have pulled the trigger and be dead. I could

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hardly breathe. Just at that moment the soldiers went out of the room and the highwayman came back on his horse. Bess moved and the gun went off with a BANG! I realised that it was a warning to the highwayman that the soldiers were after him. ...

... Mike got out his gun and pulled the trigger. It was so loud! Captain Jackson was now lying on the highway in a pool of his blood. My cousin came over.
 "What have you done?" I asked.
 "What do you mean?" he replied.
 "You killed Bess" I shouted. ...

back to



Come and join us on Thursday, 25th April at London Colney Children's Centre

Times: 9:30 – 14:30
 London Colney Children's Centre
 Alexander Road, London Colney
 St. Albans, Hertfordshire
 AL2 1JG

For more information, please phone 01727 822196



Department for Work and Pensions

St Albans & District Fundraising Committee

QUIZ NIGHT

RAISING MONEY FOR MACMILLAN CANCER SUPPORT

SATURDAY 9TH MARCH
ST STEPHEN'S CHURCH HALL,
WATLING STREET, ST ALBANS

St Albans & District Fundraising Committee is holding its annual quiz night at St Stephen's Church Hall, Watling Street, St Albans, on Saturday 9th March 2013, commencing at 7.30pm prompt.

Tables available for 6 or 8 persons at a cost of £12 per person (to include a fish and chip supper or chicken and chips/vegetable burger and chips)
 Please bring your own drinks, glasses and cutlery.

Quality raffle prizes on offer.

Parking available alongside St Stephen's Church.

WE ARE MACMILLAN.
 CANCER SUPPORT

Registered Charity No. 29 917

Tickets and/or further information available from
 AVRIL FOSTER on 01727 862079 or Email: avril.foster@ntworld.com

Shenley Horticultural Society

Sid Blake

The society would like to take the opportunity to introduce ourselves to everyone in London Colney, where we have many members, who may not know that our membership extends from Ridge to Borehamwood and St Albans.

We have a busy and varied programme planned for 2013, not least being our 71st Annual Show in the Shenley Village Hall in September. All will be welcome, non- members especially. We have arranged several talks pertaining to gardening. They will be advertised in the Shenley Parish News and elsewhere, and, again, everyone is invited. There is no charge and refreshments will be provided.

Our members enjoy the financial benefits and the convenience of buying gardening products from the shed, situated in front of the allotments in Woodhall Lane. This is open every Sunday morning between 9:30 and 11:00 am from the beginning of February to the end of October. We look forward to welcoming villagers who may be missing the village garden centre, in Shenley village, which has recently closed. We hold two Quiz Suppers a year; which will be held in the Village Hall. If you love Quiz Evenings look for notices around the village or in the Magazine to book your choice of. Fish or Chicken and chips. We bring our own cutlery, if preferred, own drinks, glasses, nibbles and chocolates.

Each year we have a long weekend holiday by coach. This is very popular, costs are kept to a minimum and it is always arranged in the lighter spring/summer off peak months. Visits to lovely gardens are always included. The date and contact details will be published well in advance.

In May we will be holding a Plant Sale at our shed between 9 am and 12 noon. The proceeds go towards some of the costs of the Annual Show. We always welcome new members and if you are a beginner we have members who are knowledgeable gardeners and who will always gladly help you to enjoy success with your garden. Membership fees for 2013 are now due and are as follows :-

Member: £6.00, Joint Membership: (partner or spouse) £8.00

Members over 60 yrs: £4.00 Joint membership: £5. (only one of the joint members needs to be over 60 for this concession)

For any enquiries regards the Society please contact Jean Archer 01727 823163. or Laurel Blyth on 01727769530



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