

## Theft of a Million from the Village!

Malcolm Macmillan, Parish Council Chairman



We deal with many injustices for our community at Parish level but there is no greater example of daylight robbery than Herts County Council taking away £1.2 million earmarked for London Colney education, and giving it to development at Sandringham School for Wheathampstead children.

The money has been held by Herts County Council for years and not spent on our village children. When there is a big development, such as the Napsbury hospital site, a planning condition called a Section 106 agreement is made so that the developer puts money into the Council bank specifically to address our needs as a result of the large scale housing development. This is a custom and practice that has applied throughout the country: it's a very simple concept – local development impacts on the local community so a fund is established to alleviate impact whether it is for roads, enhancing the green environment, or for education.

No discussion. No consultation, just a quick decision by a January County Council Cabinet meeting and the

London Colney Looting is complete. Surely a discussion with all politicians would have been a starting point. Can you imagine the uproar if it was Harpenden or Wheathampstead money being allocated to London Colney. The contempt is complete, especially for the lack of consultation with the recently elected County Cllr 'Dreda Gordon, who has campaigned with the Parish Council.

We are elected to stand up for the village and will continue to do so, but some politicians are trying to justify this municipal mugging. Clearly they have no serious interest in the future education of our local children. If you want to support the campaign, write to the Chairman of Herts County Council at Hertford and to the local press.

### Waterlogged Village

Saturation, sandbags and suspense were the watchwords over the first two weekends in February, as flooding caused chaos for many households in the village

Between the 1st and 8th of the month, Waterside and Lowbell Lane residents watched as the River Colne ran alongside their doorsteps, threateningly their homes, with a rapid rise in water that beggared belief.

Residents supported neighbours to secure each other's properties, and the fire service and local parish staff and councillors provided additional help. Many offers of help with accommodation, food and supplies were made by many Villagers. Parish staff kept an emergency team at the Caledon Centre as a reception for

flooding advice and residents who were flooded out.

During the second weekend, properties were also threatened at Willowside, Cotlandswick, St Anne's Road and Shenley Lane as the river burst its bank, drains overflowed and excessive amount of water poured into the village from the surrounding roadways and blocked ditches. Households in Five Acres and High Street woke up to find their living rooms and downstairs level under water. This unusual situation was put down to drains and roads being unable to cope and flooding low level properties.

It is clear that an investigation into each threatened area is needed, with implementation of a revised emergency plan. As a junior partner in the development of an updated strategy, the Parish Council wants to ensure maximum environmental security for all threatened areas in future. Even as this newsletter goes to press, we cannot begin to forecast when the next flooding alert will come.

But what is certain is that new steps must be taken urgently. A big thank you to everyone who helped in any way.

### Parish Rate for 2014/2015

The Parish Rate which raised £218,000 for the running of the Parish Council in the current year is being increased by an average of 2.5% from April 2014. Compared to the rates level from Herts County Council, St Albans District Council and the Police Authority, the increase will amount to a small amount per week

per household. But that is not the key point, as the issue is more about the local community getting good value for each penny raised in rates. With Cllr Jacob Quagliozzi as chair of the Parish finance committee, he has ensured that there was no way that there would be a repetition of the 8% increase of last April

The Finance and HR Committee has worked in a dedicated way to ensure costs have been controlled to the benefit of the community. A special Budget issue of this newsletter will be issued in April

**Welcome**

A warm welcome to the new Parish Clerk, Irene Casper, who joined us in mid January. Irene really has hit the ground running and brings enormous knowledge and skill following a period as Deputy Parish Clerk at Wheathampstead. Within a few weeks, Irene was involved in community activities and meeting the people of the village.

Jean Addington is our new book-keeper and brings a wealth of experience to the job. Jean will work closely with the Clerk and finance councillors to ensure proper financial controls are observed.



Pigeon toed, covered in red warts but soooo clean! The Muscovy ducks were glad to see the water rising at 11am on the 4th of February 2014. How do you keep your whites so white with only flood water to wash in?

## Councillors' Locality Budget

'Dreda Gordon, County Councillor for The Colneys



Are you a member of a local community group looking for funds towards one of your projects?

If so help could be close at hand in the shape of the Locality Budget Scheme from Herts County Council.

Every year, as your County Councillor, I am allocated a £10,000 Locality budget to spend on projects I wish to support in my County Division of London Colney and Colney Heath.

Since being elected last May I have been able to support a wide range of projects in London Colney. This includes funding a set of 'bowls for

beginners' for the Harperbury Bowls club, help toward roof repairs at the Verulanium Rugby Club, new coffee cups for the Parish Council run Monday coffee mornings, funding to St. Peters Church towards the costs of their tree work, a grant to the mother and toddler group for extra toys. I have also been able to give some money to the Base Youth Project towards activities for young people and supported the Parish Council with funding to reinstate the valuable services of the Citizens Advice Bureau back in London Colney.

If you would like to apply for a grant simply visit [www.hertsdirect.org/locality/budget](http://www.hertsdirect.org/locality/budget) and complete the application form online or collect a form from our Library based at the Caledon Centre.

Please contact me if you have any queries or want to discuss your bid before putting in an application.

Email: [dredagordon@gmail.com](mailto:dredagordon@gmail.com)  
Tel: 07968224901

\*You can get a full listing of grants I have made in this financial year by visiting the Hertfordshire County Council website.



## March - May 2014 - EVENTS AT THE COMMUNITY CENTRE, CALEDON ROAD



**Wed 26 March & 30 April**

**Open mic night...**

**8.30 till 10.30**

**Admission free.**

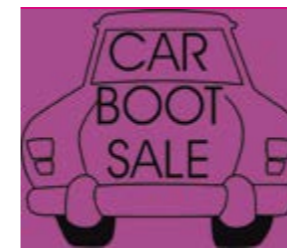


**Sunday 27 April**

**2pm onwards**

**St. George's Day Celebration**

**Live Music, Entertainments, Refreshments**



**Sun 4 May**

**Car Boot Sale**

**£5 a pitch, sorry no traders**

**Refreshments t: 01727 821314 for details**

**Caledon Community Centre Car Park, Caledon Road, L/C**

**CONTENTS**

- 1 Theft of a Million!
- 2 Councillors' Locality Budget
- 3 Events
- 5 Perceptions
- 7 World Wildlife
- 8 Ghost of Widdecot Manor
- 9 Womens' Institute
- 10 Rainbows Swimming Gala
- 10 Events - Vacancies
- 11 Pull Out Directory
- 16 Shenley Horticultural Society
- 16 Scouts and Cubs - Volunteers
- 18 What a Difference a Tree Makes
- 19 LC Primary Out & About
- 19 Make a Will in March
- 20 St Bernadette School is Jubilant!
- 21 Youth Shelter
- 22 Highfield Park
- 22 Baptist Church News
- 23 St Peter's Church News
- 24 Irene Casper - Parish Clerk
- 24 Kick Start the Week
- 24 Foot Care

**NEXT ISSUE April 2014**

Distribution date - W/B 28th April 2014  
Copy deadline - 28th March 2014

This will be a special Budget Edition containing information about Parish Council finances and services. If you wish to advertise in this issue, please contact the editors c/o: Maria Aguado, 369 High Street, London Colney, AL2 1EA Tel: 823528 (phone manned evenings and weekends only) or e-mail: [editor@londoncolney.com](mailto:editor@londoncolney.com).

*There will be no articles from the public in this issue.*

**NEXT FULL ISSUE Summer 2014**

Distribution date - W/B 1st June 2014  
Copy deadline - 1st May 2014

Articles should be sent to the editors c/o: Maria Aguado, 369 High Street, London Colney, AL2 1EA Tel: 823528 (phone manned evenings and weekends only) or e-mail: [editor@londoncolney.com](mailto:editor@londoncolney.com)

The editors of this magazine rely on contributors for the accuracy of their articles. We regret that we cannot check all the facts, but we are happy to consider printing corrections if errors are brought to our attention.

Whilst the editors endeavour to include all items submitted by the deadline given, pressure on space may sometimes mean that items will be held over for consideration in future issues and may not therefore appear in the current issue. Articles may be edited for length or clarity.

**PITCHES**  
**£5**

**SORRY NO TRADERS**

**CAR BOOT SALE**

**SUNDAY 4 MAY 2014**

**CALL: 01727 821314**

**TO BOOK YOUR PITCH**

**CALEDON COMMUNITY CENTRE CAR PARK**  
**CALEDON ROAD, LONDON COLNEY**

**9.30AM SETUP**  
**OPENS TO THE PUBLIC AT 10AM**



**Local Accountancy Service.**

Book-keeping, VAT preparation and RTI Compliant Payroll Service.

Management Accounting, Budgeting and Cash Flow reporting.

Sole Trader, Partnership and Limited Company Accounts and Tax Service.

SAGE Accountants Club Member, Xero Partner.

Based in London Colney, we have clients locally and in central London.

Call Steve on 07885 562494 or email [info@sjas.co.uk](mailto:info@sjas.co.uk) for further information.

[www.sjas.co.uk](http://www.sjas.co.uk)

**LONDON COLNEY'S HANDYMAN**

Painting - Decorating - Carpentry

Doors and Locks Fitted

Solid Oak and Laminate Floors Laid

Floor and Wall Tiling

Curtain Poles and Blinds Fitted

Fencing - Decking - Shed Repairs

Patios Laid and Jetwashed and MORE!

**For Affordable Quality Work**

**PHONE MARK ON**

**07961 892 671 Or 01727 767 473**

**FREE ESTIMATES - REFERENCES AVAILABLE**

**The Base**

'Dreda Gordon, Chair of The Base Management Committee

As residents will probably be aware our premises which facilitated the Youth Project were entered into by bailiffs on January 24th. They changed the locks so we could not gain access. This was all over a rent dispute with the Landlords AA Patel who own the block of properties on the High St where the Base is situated.

Our dispute with Patels was in the hands of the courts so their hard nosed action came as a complete shock to the Management Committee and also to the 2 project workers who were called out in the early hours of that Friday morning because the alarms were ringing

All involved with the Base are very determined that the excellent range of activities and healthy living promotions currently carried out by Shelley Taylor (Project Worker) and her team should continue for our young people.

It is to her credit that Shelley, aware of the importance of continuity, immediately made arrangements for the Kids @ Da Base group to meet at the Leisure Centre in Perham Way at the new time of 4.30 -6pm.

Monday Project at 6.45-8.45pm for 11-17 years.

Tuesday Project at 6.30-8.45pm for 11-17 years.

For further updates please use the following contact details.

[www.baseyouthproject.org.uk](http://www.baseyouthproject.org.uk)

e: [base184@yahoo.co.uk](mailto:base184@yahoo.co.uk)

t: 07920 708029

Despite this awful experience we remain positive. The Base WILL survive and thrive.

A huge thank you to all staff and management Committee members who helped recover so many Base belongings when we were allowed (at a charge) into the premises. The Parish Council kindly 'lent' us their ground staff and vehicles to make the move and the Leisure Centre staff have been absolutely brilliant. Our grateful thanks also to St. Albans District Council Officers who have given us so much valuable advice and free legal representation.

Well done everyone, no, we won't let the wotsits grind us down!



Paperchain Pre-school and Nursery has been caring for children in London Colney and surrounding areas for more than 9 years, we have a dedicated team of fully qualified staff.

We are open 5 days a week from 9.30am to 12.00pm with an optional lunch club 12.00pm to 12.45pm, and 3 afternoons from 12.30 to 3pm.

Ofsted rating – *Good* with '*outstanding*' features.

For more details please call  
**07827337315**

Or email [paperchainpreschool@gmail.com](mailto:paperchainpreschool@gmail.com)

[www.paperchainpreschoolnursery.co.uk](http://www.paperchainpreschoolnursery.co.uk)



*Mike's Painting & Decorating Services*

- Interior and Exterior
- Domestic and Commercial
- Insurance Work Undertaken
- General Maintenance
- Fully Insured and References
- Established 1996
- Small friendly local business based in St Albans



**Tel: 07531 369309**

Email: [mikekatembela@aol.com](mailto:mikekatembela@aol.com) [www.stalbandsdecorating.co.uk](http://www.stalbandsdecorating.co.uk)

**Perceptions**

Brett Ellis



Some years ago, pre-marriage, I met a girl of sound intellect and pleasant on the eye. Being easily impressed, I was hooked when she told me that she made her living as a 'Bawwister' (she had a slight problem pronouncing her R's). After a few dates she asked if I wanted to meet her at work. I agreed and she gave me the address of a Costa Coffee in central London. I was suitably surprised when I arrived and saw her in Costa branded livery serving frappuchinos, mochas and anything but 'just a coffee' to gullible office dwellers. My perception had been wrong and she educated me that a 'Barista/ Bawwista was someone who 'pduced coffee for paying customers'.

I like to think in intervening years I have matured somewhat and am no longer impressed by people's professions. It has no bearing, I have learnt, on an individual's capacity for fun, friendship or kindness. However, recounting this tale to a colleague recently got me thinking about 'perception' in its varying guises.

This was illustrated this week by the story about Morrison's in Salford. They placed a number of life-size cardboard cut-outs of doctors and nurses around the store in order to encourage healthy eating. Amazingly the 15 week

**Perceptions by Brett Ellis**

*Continued*

study concluded that fresh fruit sales rose by 20%, frozen fruit by 29% and canned fruit by a more modest 5%. The perception of Safeway's punters was one of being 'watched' by figures of medical authority. The study and its findings should be welcomed and will hopefully roll out across the country in a bid to halt our slide toward Stateside epidemics of obesity and supersized gluttony.

Reading the article made me think about the locality and steps that could be taken to improve the levels of low level crime and anti social behaviour that exist in Colney along with every other village and town across the

land. Having lived in South London for many years, being in Colney is the equivalent of comparing Harlem to Kensington. There does not seem to be the problem with levels of anti social behaviour that exist in other areas (although the gamut of CCTV cameras outside the Co-Op may give the opposite impression). Cameras are there to record crime and not to prevent it. We need create solutions to nip any potential unsavoury behaviour in the bud, not allow them to occur then feel safe in the knowledge that if recorded on film, with the perpetrators given a stiff fine that crime is somehow 'reduced'.

I remember reading a book some years ago (by Malcolm Gladwell I

think) where a study was undertaken to reduce shoplifting. The gist was that if a cut out of a person's eyes were placed in areas of a shop where high levels of theft were taking place, the reduction was around 70%. The premise was that if you are being 'watched' you are less likely to be anti social (unless you drive a Ford Fiesta into certain areas of Epping Forest at 2am on a Sunday of course).

I thought of the study when visiting the 99p store (the Poor people's Poundland) in St Albans recently. They seem to have taken the study on board to some extent, although they have misjudged the implementation. They have a cardboard cut-out of a Police Officer at the entrance. I am sure the theft of their shopping baskets must have reduced dramatically thanks to their initiative.

I am not advocating having a row of cut-out eyes and Police officers lining the shopping arcade by Co Op in Colney, however I believe that we all need to ponder, and more importantly implement, pro active approaches regarding behaviours that are widely deemed as socially unacceptable.

We are fortunate we live in a village. City populations are diluted and relationships are in the main nonexistent. I can only remember speaking to one neighbour in the 10 years I frequented Sarf London. Quite the opposite is true in Colney and it is welcomed and richer for that. It seems as if everyone in the village is separated by one, or two at most, degrees of separation. You can guarantee someone knows someone who knows that person in the village and issues can be dealt with relatively quickly when such a close knit social network exists.

So my proposal is thus, shop owners and village decision makers take note: When you decide to erect a camera or a sign in the street or your shop... Replace 'Shoplifters will be prosecuted' with 'By all means shoplift. You may not be caught today, but you WILL

>>

**World Wildlife**

Dave Ansell

Some ten years ago a national newspaper told of the horrific cull of thousands of seal pups off the coast of Nova Scotia, Canada.

Sadly, the Canadian government was encouraging and subsidising the massive slaughter to support the ailing fishing industry. Around twenty-five years ago, Canada's east coast was one of the richest fishing grounds in the world.

The fishermen blame seals for decimating the stocks of cod but an independent view is that fishermen are to blame for over fishing the waters to the point of extinction. The seal pup's delicate fur pelt can fetch around £27 - £30.



**Perceptions by Brett Ellis**

*Continued*

get caught. Someone in the shop will know your mother and will tell all of your neighbours. The embarrassment will be acute and is best avoided. Thankyou'. Alternatively 'If you don't shoplift, you will increase your chances of a good job dramatically, your friends will respect you and trust you not to steal off them, our insurance premiums will not rise and we can therefore charge lower prices. You have the power'.

Perception can become rigid when approached with a crowd mentality. There should be no such thing as the norm and I for one welcome eccentric thought trains. Remember my perceptive message here next time you see me lycra clad, sweating like a pit pony on my bicycle riding up a shallow gradient through the village. Do not perceive me as some slightly tubby middle aged man trying to relive his youth. Look on me as the next potential veteran class champion of Le Grand Tour.

brettellis99@yahoo.co.uk

**AN INVITATION TO SEE THINGS DIFFERENTLY**

Introducing our new office for Napsbury Park and London Colney.

We're over-the-moon to announce that we're opening a new office to service Napsbury Park, London Colney and surrounding areas.

The team has a wealth of local expertise. It is also supported by a dedicated country house department in Mayfair and a national and international network of over 90 offices.

Quite simply, we'd love to tell you more about what we'd do to sell or let your home and would like to invite you for a free market appraisal of your property in today's market.

Winkworth. See things differently

Winkworth Napsbury Park & London Colney  
napsburypark@winkworth.co.uk | londoncolney@winkworth.co.uk  
162 High Street, London Colney, AL2 1QF

winkworth.co.uk/london-colney



**A MAN WALKS INTO AN ESTATE AGENCY IN BOREHAMWOOD...**

...and walks out with a house in London Colney.

Not very funny... but then it's not a joke.

Winkworth agents work in collaboration with other Winkworth offices across the country. So, whether you're in London Colney, Napsbury Park or central London, if you register your home with one of our agents the rest of the network will know about it. And for added oomph, suitable properties will be marketed by our country house department and China desk too.

Winkworth. See things differently.

Winkworth Napsbury Park & London Colney  
napsburypark@winkworth.co.uk | londoncolney@winkworth.co.uk  
162 High Street, London Colney, AL2 1QF

winkworth.co.uk/london-colney



## Mobile Bicycle Repair Specialists

Love cycling?

Don't have the time to repair or maintain your bicycle?

We specialise in:

-  Repairs
-  Service
-  Wheel Building
-  Cycle Fleets & Corporate
-  Events
-  Accessories & Clothing

Repair on Site or Collect/Return

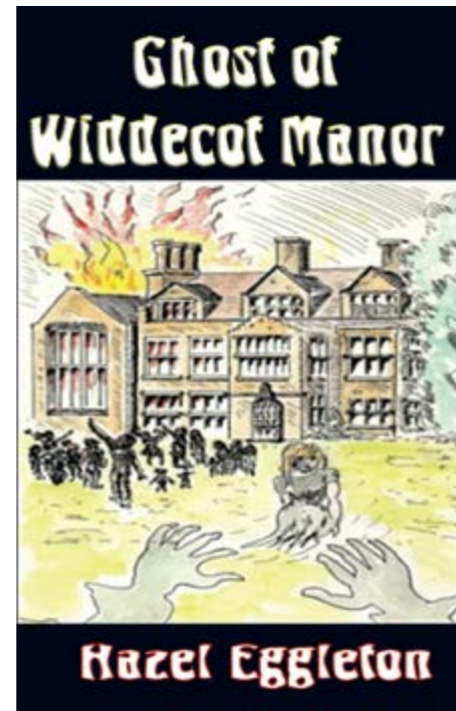
Call Mike on **01727 263 999** or **07767 305064**

Email [mike@cycletechherts.co.uk](mailto:mike@cycletechherts.co.uk) Web [www.cycletechherts.co.uk](http://www.cycletechherts.co.uk)



## Ghost of Widdecot Manor

Hazel Eggleton



"Ghost of Widdecot Manor" was published in summer 2013, although I had written it seven years previously!

Having spent several months and a lot of effort in creating the novel, I then put the manuscript in a box and forgot about it. Not the most sensible way of becoming a published author but at least it avoided exposing myself to almost certain rejection. So I sat on it and went on to write picture stories, another novel, some short stories and a full length play, all of which were neatly filed away, destined never to end up on some publisher's slush pile.

Deep inside me was that little voice telling me that I wasn't good enough to be a published writer.

Then, in 2010, an email message, inviting me to enter the Britwriters competition, jumped out from my computer screen. I noticed that there was a children's category and decided to fish out my yellowing manuscript and give it a go. A few months later a phone call told me that "Ghost of Widdecot Manor" had been shortlisted and I was >>

invited to attend a dinner at the O2 centre in Greenwich where the winners would be announced.

Yippee! Dressed to the nines I sat at the gala dinner next to Fergal Sharkey - he of the one hit wonder "A Good Heart These Days is Hard to Find." I have to confess that I'd never heard of him but he was there to award the prize in the song-writing category.

Well, needless to say, I didn't win but I was invited to take part in a publishing course, where twelve of us were initiated into the mysteries of 'strategy'. I struggled to come up with three unique selling points about myself, learnt how to write a biography that was half-interesting, managed to whittle down my novel to one side of A4, write a blurb that would hook my readers and, hey presto, I was ready to be presented to the publishing world!

A few months later I was told that Thornberry publishing was interested in my first three chapters and would like to read the rest. I thought it must be a case of mistaken identity but soon I was signing the contract and six months later the book was out on Kindle and shortly afterwards in print. It's now available on Amazon and is also on sale in Waterstones, St Albans, where I did a book-signing for Hallowe'en last October.

I should have mentioned that it's a ghost/adventure story, aimed at the 11+ age range. You can also find it in London Colney and St Albans libraries. Reviews on Amazon are all 5\* so far and I am now half-way through the second novel in the ghost trilogy.

So to all you budding writers out there, don't give up before you start - 'if you're not in it you can't win it'. Some publisher could be just waiting to snap you up!

## WI

Geraldine Tuomey, Secretary

London Colney Branch of the Women's Institute meet on the second Tuesday in each month in the Baptist Church Hall in Kings Road, London Colney.

This welcoming group have regular speakers and activities, parties and competitions.

On the 11th March, there's 'A Puppet's Tale' followed by 'Signs of the



World' on 8th April then the Annual Meeting and Resolutions on 13th May. On 10th June you can find out about a 'Police Career from a Woman's Perspective' and on 8th July there's a 'Poetry Evening.'

### G N FITZJOHN

Est. 26 years

For Property Maintenance, Flat Roofs, Plastering, Kitchens, Bathrooms, General Tiling, Flooring, Woodwork, etc.

Phone Gary on t:01727 825036 m:07958 546011

83 Napsbury Avenue, London Colney, St Albans Herts AL2 1LT



### C P Carney Plastering

All aspects of Plastering and Rendering covered  
Friendly reliable service

Kit Carney / Plasterer

48 Peters Avenue, St Albans, AL2 1NQ

For more info or a quote contact:  
Kit Carney m: 07542176752 e: kcarney@hotmail.com

### NEED A DECORATOR?

Painting or wallpaper looking tired?  
For a new look call...

Neil Flatman

I am a fully qualified decorator  
with 15 years experience.

Free Quotations call: 07952 437 263



### Ken Hodson

Local Computer Hardware and Software Repairs,  
Upgrades and Advice for Home and Business

Tel. 07974 156743 / 01582 794723

Email enquiries@kenhodsoncomputerservices.co.uk

www.kenhodsoncomputerservices.co.uk

- No fix, no fee for all repairs – you have nothing to lose.
- Low hourly rate.
- Most repairs carried out in your home, if not the computer will be picked up from and delivered back to you.
- Problems with Windows / Applications / Internet / networks fixed.
- Friendly training and instruction available in plain English
- Advice given on upgrades – many older computers can be upgraded at a fraction of the cost of a new machine.
- Upgrades of hardware and software carried out.



mirror  
image

Inspired hair design  
creative colour  
superb service

20% discount to all new Clients  
(excludes offers & promotions)

Don't let April showers leave you in a frizz.  
Kebelo Advantage smoothing treatment  
just £99

including cut and blow dry and full size home care kit.  
Three months of frizz-free, beautiful, shiny hair.  
Ideal for curly or straight styles.

Have you tried our high powered stand-up Sunbed?

Visit our website for more information about products and treatments,  
pricelists, opening times.

Like us on facebook to be first to hear about last minute deals and  
special offers.

Mirror Image Hair Salon  
158-160 High Street, London Colney  
www.mirror-image.co.uk  
01727 822379

# Swimming Gala

Sharon Tammaro



## Events

Laurel Blyth



All the Rainbows, Brownies, Guides and Senior Section from Colney's District were invited to Furze Field Centre, Mutton Lane, Potters Bar on Saturday 19th October for our FIRST District Swimming Gala.

Each of the 6 units were able to nominate 3 girls per race to compete depending on age range and ability with Senior Section helping out with getting younger girls in and out of the pool. There were some really exciting races and relays including cork collecting for the non swimmers and the contest was a lot closer than we thought.

The atmosphere was fantastic, with lots of cheering from the girls and parents who were up on the balcony supporting. It was also nervous as for lots of volunteers and girls this was their first gala so they were not sure what to expect but it was well organised and supported and went very well and all the girls thoroughly enjoyed themselves. Thank you to everyone involved.

Once all the results were in, tension mounted, and our District Commissioner announced that the winners were 1st London Colney Rainbows. They were presented with a shield that would be engraved and kept for a year until the next Gala event took place. Well done to all the girls who participated.

Parish Council events are organised by our Community Centre Manager, Tom Bagge. The Events Committee of the Parish Council meets every 6 weeks or so to plan events, discuss what went well and what we could do better and offer voluntary support for planned events.

There are currently two vacancies on the Events Committee.

Please ring me on 01727769530 if you would like to join us on Events and contribute to the wide range of activities we provide for the village.

## Exams Fast Approaching SEEKING TOP GRADES?

Radically Improve your Memory and Recall  
Accelerate your learning power - Revise Fast!  
Save time with 100% Rapid Recall Technique  
Perfect to Degree / Professional Exam Level  
In Single Taster, 3- or 6- Session Packages

Qualified Coach BA Hons, MBPsS, CTEFLA  
[www.ipassexams.co.uk](http://www.ipassexams.co.uk)

Call Adrian t: 01727 823543 m: 07534479427

### Your Local Electrician

Household electrical work carried out to a high standard

Estimates free

Chris Simiou

[chris.simiou@btinternet.com](mailto:chris.simiou@btinternet.com)

07528 886744



Day Nursery and Pre-School for children from 6 weeks to 5 years old.

For more information visit  
[www.willowsfarmdaynursery.com](http://www.willowsfarmdaynursery.com)  
or call 01727 829535



# PULL OUT AND KEEP DIRECTORY 2014

Adventure World		822447	
Age Concern	Visiting and Telephone Club	859583	
	Carer Support	850811	
St Albans District Dog Warden			
	Working Hours	819371	
	Eves and W'ends	08444 828337	
<b>Beavers, Cubs &amp; Scouts</b>			
Beavers	Sue Miller	07954 153401	<a href="mailto:susan.miller173@ntlworld.com">susan.miller173@ntlworld.com</a>
Cub Scouts	Liz Ivory	0798 982 9956	<a href="mailto:dldcivory@virginmedia.com">dldcivory@virginmedia.com</a>
Group Scout Chairman	Brad Cruickshank	07957 645 146	<a href="mailto:bradnshev@ntlworld.com">bradnshev@ntlworld.com</a>
Scouts	Kirsty Lainsbury	07928 199842	<a href="mailto:kirstiedanielle@hotmail.co.uk">kirstiedanielle@hotmail.co.uk</a>
Scout Hall	Sue Miller	07954 153401	<a href="mailto:susan.miller173@ntlworld.com">susan.miller173@ntlworld.com</a>
<b>Brownies, Rainbows and Guides</b>			
Rainbows	Sharon Tammaro	821520	<a href="mailto:Sharon.Tammaro@nft.co.uk">Sharon.Tammaro@nft.co.uk</a>
Brownies	Della Bainbridge	825033	<a href="mailto:dellabainbridge@yahoo.co.uk">dellabainbridge@yahoo.co.uk</a>
Guides	Val Kewley	823546	<a href="mailto:val@kewley.f9.co.uk">val@kewley.f9.co.uk</a>
Bowls Club - Harperbury	Sue Allen	766259	
Broad Colney Art Group	Betty Godfrey	826640	
<b>Childcare</b>			
Best Friends Childcare Centre	Gemma Jones	828059	
Golden Opportunities Childcare	Alison Forde	07908 270880	<a href="http://www.gochildcare.biz">www.gochildcare.biz</a>
London Colney Children's Centre		822196	
Little Nightingales	Cassandra Cameron-Wilton	827533	
Paperchain Pre-School	Caroline George	07827 337315/07876 795073	
St Bernadette's Breakfast Club	Darlene Oliver	07944 129566	
Treasure Tots Pre-School	Kim Parker-Mead	825314 / 07594 938251	<a href="mailto:colney2heath@btconnect.com">colney2heath@btconnect.com</a>
Toddler Group, Community Centre	Val Hawkins	824420 /07974 513196	
Toddler Group at Baptist Church Hall	Rev'd Adrian Wood	825450	
<b>Churches &amp; Places of Worship</b>			
Alexander Church	Anthony Goodchild	823027	
Alexander Church Secretary	Christine Drayson	769363	
Baptist Church	Rev'd Adrian Wood	825450	
Secretary & Bookings	Mrs Joan Thomas	763528	
London Colney Islamic Centre, 124 High Street, L/C		763930	
London Colney Mosque Minister	Khairul Huda Khan		<a href="mailto:k_huda786@yahoo.com">k_huda786@yahoo.com</a>
Roman Catholic Church	Answering Service	01923 635541	
St Peter's C of E Church	The Rev'd Lynne Fawns	769797	
St Peters Parish Centre (booking)	Andy Rawlinson	07768 256232	
Citizens Advice Bureau	Adviceline	0844 111444	
	London Colney Outreach	811118	
Cotlandswick Residents' Assoc	Henry Jones	823545	
<b>County &amp; District Council Services</b>			
Untaxed Vehicles	Online only		<a href="http://www.gov.uk/report-untaxed-vehicle">www.gov.uk/report-untaxed-vehicle</a>
Abandoned Vehicles	Office hours only	819391	<a href="mailto:wastemanagementservices@stalbans.gov.uk">wastemanagementservices@stalbans.gov.uk</a>
District Council		866100	

Herts Highways Call Centre 0300 123 4047  
 Recycling (SADC) & Refuse Enquiries 819285  
 Street Lighting Highways - HCC 0300 123 4047  
 Trading Standards Dept 01707 292429

Dawn to Dusk Jo Ivory 568552  
 Rosemary di Rossi 873385 dawntodusk1@wordpress.com

**Medical & Dental**

Dentist Mr A Gatrad 823356  
 Colney Medical Centre, Kings Road 822138  
 Helmsford House, High Street 823245  
 Health Visitors / Baby Clinic 891300  
 Young in Herts, Children's Information Service 0300 123 4052  
 NHS Direct 0845 46 47  
 Domestic Violence Helpline 08088 088 088  
 Hertfordshire Stop Smoking Service 0800 389 3998  
 Herts Alcohol Problems Advisory 01438 718374

Library 0300 123 4049

Irish Club 822251  
 Local History Society Mavis Tuffnell 769302  
 LC Tenants & Residents Association Pauline Hathaway 824039  
 LC Village Concern Ken Peak 769406

**Martial Arts**

Qi Kwan Do School (Little Dragons) Jon Curtis 07825 505 099  
 Tiska Karate Clinton Gregory 07792 273644  
 St Albans TaeKwonDo Chris Snow 827624/07960 476124  
 HSTS Tae Kwon Do School David Miles 07917 704687  
 Thoree TaeKwonDo Mr Thoree 07796 240001  
 Goshin Jju Jujitsu Neal Luxford sensei@chjj.co.uk  
 MacMillan Cancer Care Avril Foster 862079

Over 60s Club June Symonds 823666  
 Jean Roberts 823325  
 Park Street Bridge Club Pat Jacobs 867460

**Parish Council**

Clerk Irene Casper 821314  
 Community Development Manager Tom Bagge 821314  
 Parish Magazine Articles and Adverts Maria Aguado 823528  
 Parish Magazine Delivery Irene Casper 821314  
 Community Centre, Caledon Road 821314

**Police**

Police Emergency 999  
 Police Non-emergency 101  
 Local Police Team Non-emergency 01707 806213  
 Police from anywhere in the EU Emergency 112

**Political Parties**

Conservative Association Office Dave Winstone 825100  
 Labour Party 769784  
 Liberal Democrat Party Rob Prowse 855523

Green Party Mary Warren 07951 290732  
 Royal British Legion Branch Secretary (Women's Section) Miss B A Crofts 01582 763736

**Schools**

Bowmansgreen JMI School Deena Chetty 767772  
 Friends of Bowmansgreen JMI School Michaela De Gale 07903 140856 friendsofbowmansgreen@gmail.com  
 London Colney JMI School Lisa Valla 823283  
 St Bernadettes RC School Lisa Barton 822489  
 Nursery School Barbara Fitton 822196

Shopmobility, Drivers Way Car Park, St Albans 819339

**Sports**

London Colney Cricket Club Andy Stirrat 844691  
 OV Chariots U I I s Rob Lines 07888 847289/01727 863109  
 Old Verulamians Rugby FC Trevor Munien 07711 873381  
 London Colney Colts FC Len Rodell 824535  
 London Colney FC Len Rodell & Geri Harvey 825535  
 London Colney FC Clubhouse 822132  
 St Albans Rangers Youth FC Mark Simpson, Chairman 07940 482077  
 Jack Carson, Secretary 01727 824810 jack.carson@btopenworld.com

The Base Shelley Taylor 821639/07920 708029 base184@yahoo.co.uk  
 The Base - Counselling 07796 522216 talk2some1@hotmail.co.uk  
 Women's Institute Geraldine Tuomey 569438  
 Woodcraft Folk Lucy Southgate stalbanswoodcraftfolk@gmail.com

LONDON COLNEY PARISH COUNCIL  
**NEW FOOT CARE SERVICE**  
 With Licenced Practitioners in Foot Care

Booking now for 31 March & 28 April '14  
 9:30am to 4:00pm  
 Times by appointment





To be held at:  
**The Pavillion**  
**Morris Playing Field**  
**Whitehorse Lane**

For Appointments Call:  
**Emma Chyla** BSc Hons. HCPC 07535 989941 For morning appointments  
**Sandra Gray** RMN MCFHS MAFHP 07580 572349 For afternoon appointments

Only £15 per session  
 Transport can usually be arranged

LONDON COLNEY PARISH COUNCIL  
**JUMP START THE WEEK**  
 WITH A COFFEE  
 AT THE  
**LONDON COLNEY**  
**COMMUNITY CENTRE**  
 CALEDON ROAD  
 STILL SERVING IN 2014  
 8.45 AM TO 11AM

Coffee & Biscuits £1.50  
 Tea & Biscuits £1.00

# Elected Representatives

## Parish Council

### North West Ward

Maria Aguado	369 High Street	823528	maria.aguado@dsl.pipex.com
Jane Hobday	14 Telford Road	769784	janeantoniam@gmail.com
Mike Hobday	14 Telford Road	07853 292307	mike.hobday@ntlworld.com

### South West Ward

Jacob Quagliozi	11 Hardwick Place	07807 096824	cllr.j.quagliozi@stalbands.gov.uk
Norman Mahony	36 St Annes Road	767348	ncmahony@ntlworld.com
Helen Pakenham	1 Summers Way	821469	helenpakenham@live.co.uk

### East Ward

Laurel Blyth	30A St Annes Road	769530	laurelblyth@hotmail.co.uk
Katherine Gardener	47 Thamesdale	07765137453	auxin@hotmail.co.uk
Malcolm MacMillan (Chairman)	57 Whitehorse Lane	769567	malcolmmacmillan@ntlworld.com

## St Albans District Council

Simon Calder	28 Norris Close	07949 479370	cllr.s.calder@stalbands.gov.uk
'Dreda Gordon	29 Collyer Road	07968 224901	cllr.d.gordon@stalbands.gov.uk
Jacob Quagliozi	11 Hardwicke Place	07807 096824	cllr.j.quagliozi@stalbands.gov.uk

## Hertfordshire County Council

'Dreda Gordon	29 Collyer Road	826233	cllr.d.gordon@stalbands.gov.uk
---------------	-----------------	--------	--------------------------------

## Member of Parliament

Anne Main	House of Commons, Westminster, London	0207 219 8270	maina@parliament.uk
	Constituency Office	01727 825100	

## Members of the European Parliament

There are 7 MEPs for the Eastern Region. Contact them at these numbers...

Conservative:	01245 345188,	Labour:	01223 240202,
Liberal:	01223 566700,	UKIP:	01245 266466

### Parish Council Meetings

Parish Council meetings are held on the first Friday of each month except in August. The next meeting will be on Friday 7th March at 7pm in The Pavillion at Morris Way Playing Fields. Members of the public are welcome to attend. Police Community Support Officers give a report of the previous month's crime in the village. This is followed by a Public Question time during which members of the public may ask questions of the Councillors. Forthcoming meetings are: 4th April and 2nd May

## FLOODING ADVICE

If you live near the river, there is a bunker containing sandbags in the Parish Council Car Park by St Peter's Church. Contact the **Parish Council on 01727 821314** for help or if more sandbags are needed. Call **Floodline on 0845 988 1188** for advice if you are affected by flooding. Use **quickdial 172726** for up-to-date flooding information. The Environment Agency website contains details of river level and flooding information and can be accessed at... **www.environment-agency.gov.uk**. Please report any flooding in your area to your local Environment Agency office. North East Thames Flood Warning Duty Officer Area Incident Room, 2 Bishop Square, St Albans Road West, Hatfield. AL10 9EX **Office Hours** or when Incident Room Open **t: 01707 632444** **Out of Hours t: 0845 850 3518**

# Poppy Appeal

Chris, Sandra & Laurel



The Poppy Appeal 2013-2014 is once again proving to be successful. We are continuing our fundraising and look forward to seeing you at Larks in the Parks where we hope you will come along and support us once again in our aim to raise even more funds to provide assistance and welfare to our serving and former servicemen and women, and of course, their families.

Our thanks and appreciation go to Sainsbury's, marks & Spencer, to the shops, pubs, businesses and schools, and of course, to YOU the public.

Thank you to Barkers Estate Agents who store all our merchandise and to London Colney Parish Council who continue to support us with the appeal and the Service of remembrance and to all the volunteers who give their time to help with the collection. Thanks also to Herts Funeral Services for their support.

If you would like to volunteer and give a few hours of your time to assist with the Poppy Appeal collection at Sainsbury's, please contact laurel on 01727 769530

Once again - a big thankyou!

**LUNCH**  
at the  
**Community Centre,**  
**Caledon Road,**  
**each Tuesday and**  
**Thursday 12 - 2pm**  
**Enjoy a delicious, home**  
**cooked, three course**  
**meal + tea or coffee for**  
**just £4.50**



**APPLEONIA**  
BEAUTY STUDIO

9 HIGH STREET | LONDON COLNEY  
HERTFORDSHIRE | AL2 1RE



01727 825258

WWW.APPLEONIA.CO.UK






**PROFESSIONAL BEAUTY TREATMENTS**


Dermologica Facials & Products | Aromatherapy Massage  
Non Surgical Face Lift | Lash & Brow Tinting & Shaping | Electrolysis  
Waxing | Ear Piercing | Indian Head Massage | Reflexology  
Manicures & Pedicures | Naitiques | Skin Tag/Thread Vein Removal  
Treatments for Mums to Be | Hot Stone Therapy | Hopi Ear Candles  
Structural Realignment | Tension Release Massage | Eyelash Extensions  
Gift Vouchers Available | Pamper Packages | Ample Free Car Parking

**BOOK YOUR SUMMER APPOINTMENTS NOW TO AVOID DISAPPOINTMENT!**

Call for a free consultation on any treatment with our friendly, professional & experienced therapist Joanne.

*01727 825258 - We would love to see you here!*





Have you lost your direction in life or maybe feeling a bit low? Would you like to talk to someone in confidence who will help you find your new path? Talking to someone professional can help you gain a deeper insight and understanding into your problems. Counselling can assist in gaining new perspectives and finding ways to make changes in your life to feel more fulfilled and at peace with yourself.

I am a qualified and experienced counsellor and provide a confidential and professional service, taking care to provide a sensitive and non-judgemental environment. I will support you while you explore feelings that can at times feel difficult to manage, always remaining respectful and tuning into your pace.

To enquire further or discuss how counselling can help you, please contact me.  
t:01727 825060 e:londoncolneycounselling@hotmail.co.uk

**Stephanie Cass**  
Pg Dip Cons MBACP (Accred) Counsellor





**The New Fun Fitness Workout from Strictly Come Dancing**  
 Cha cha cha, Jive, Quickstep, Waltz  
 Fitstep your way to a new you!

**Tuesdays 9.45am – 10.45am**  
 London Colney Baptist Church Hall  
 Kings Road. AL2 1LX

Limited spaces! £5 per class  
 More Info call Kerry – 07976418040

Like us on Facebook - Fitsteps with Kerry  
 www.fitsteps.com

Every property marketed from *every* branch office



**Barkers Borehamwood**  
 78 Shenley Road, Borehamwood  
 Hertfordshire WD6 1EH  
 Tel: 020 8953 4556  
 E-mail: borehamwood@barkersstateagents.com

For Elstree Borehamwood Well End



**Barkers Shenley**  
 104 London Road, Shenley  
 Hertfordshire WD7 9BS  
 Tel: 01923 855 266  
 E-mail: shenley@barkersstateagents.com

For Shenley Porters Park South Mimms



**Barkers London Colney**  
 188 High Street, London Colney  
 Hertfordshire AL2 1JQ  
 Tel: 01727 822 100  
 E-mail: londoncolney@barkersstateagents.com

For Colney Heath London Colney Napshury Park

www.barkersstateagents.com

## Shenley Horticultural Society

Laurel Blyth



We are looking for new members to join Shenley & District Horticultural Society. The society has members in London Colney, St Albans and Borehamwood.

We have a busy and varied programme planned for 2014.

Our members enjoy the financial benefits and the convenience of buying gardening products from the shed, situated in front of the allotments in Woodhall Lane. This is open every Sunday morning between 9:30 and 11:00 am from the beginning of February to the end of October. We look forward to welcoming villagers who may be missing the village garden centre, in Shenley village, which has recently closed.

## Scouts & Cubs

Guy Longshaw

Can you help at Cubs or Beavers? Are you young at heart, fun-loving, good with kids? Do you enjoy the great outdoors?

First London Colney's Cub pack and Beaver colony are in need of additional leaders to help out.

Scouts, Cubs and Beavers rely entirely on leaders and parent helpers giving their time voluntarily to run weekly term-time activities (one evening per week) and camps once a year. Leaders have great fun making it all happen for them and are fully trained to run sessions, lead camps

Each year we have a long weekend holiday by coach. This is very popular; costs are kept to a minimum and it is always arranged in the lighter spring/summer off peak months. This year we will be going to the Warners Bembridge Hotel on the Isle of Wight from Friday 30 May to Monday 2 June. We will be visiting Osborne House and gardens. For details please contact Laurel Blyth on 01727 769530 - you will be just in time to book.

Our AGM will be held on Friday 21 March, 7.30pm at Shenley Village Hall. There will be an expert talk and refreshments.

We always welcome new members and if you are a beginner we have members who are knowledgeable gardeners and who will always gladly help you to enjoy success with your garden.

Membership fees for 2014 are now due and are as follows:

Member: £6.00, Joint Membership: (partner or spouse) £8.00

Members over 60 yrs: £4.00 Joint membership: £5. For any enquiries regards the Society please contact Jean Archer 01727 823163 or Laurel Blyth on 01727 769530



etc.

Cubs are boys and girls aged 8 to 10 and a half and Beavers are boys and girls aged 6 to 8.

The Monday evening Cub pack (6.30pm to 8.00pm) needs an assistant leader as does the Wednesday Beaver colony (5.45pm to 6.45pm)

If you might be interested in becoming an assistant leader or would like to find out more, please ring Guy for an informal initial chat on 07525 021878.



## TREASURE TOTS PRE-SCHOOL

Village Hall, Colney Heath, St Albans  
 Tel: 01727 825314

"Let's go to Treasure Tots Pre-School!"

Children aged from 2 years 4 months to 5 years  
**ONLY £8.50 per session**

Play area overlooking the common  
 Safe environment  
 OFSTED approved

WE LOOK FORWARD TO WELCOMING YOU



## Private Children's Day Nursery

For children aged between 3 months to 5 years

We are a small "home-from-home" 40 place nursery in a 200 year old cottage. Situated in the conservation area of London Colney.

We currently have spaces for children age 3months – 5 years. We also offer 15 free hours of childcare per week for all children aged 3 years and over. Please call for further details.

Nightingale Cottage, Barnet Road, London Colney AL2 1BG

Contact: General Manager - Sally Shields  
 Telephone: 01727 827533  
 Email – [info@littlenightingales.com](mailto:info@littlenightingales.com)  
 Website - [www.littlenightingales.com](http://www.littlenightingales.com)

For our latest Ofsted report please visit our website and click on the link.

# What a Difference a Tree Makes

Ken Peak, Village Concern

What a difference trees make to our world! They can be used to hide ugly buildings or enhance a view; they provide timber and fruits for us to use. Trees also help to stabilise soil, air and water and provide food and shelter for insects as well as offering a refuge for mammals and birds. What's not to like?

Well, trees are big and grow bigger all the time and they don't live for ever! How do humans cope with the problems that may occur if trees are not kept in check.

There is a Council Department for Trees & Woodlands with a Mr A Branch and a team of experts on hand to offer advice but with little money in the budget to help in practice. It always seems to be another department in a different office that looks after 'those trees', or else it's the landowner or householder who must foot the bill, even if you do pay The Rates in the hope that someone cares what may happen next.

As your local, voluntary, tree warden, I do care about trees, even if hugging them is not necessary. I do note and report tree related problems with photos to illustrate issues and many other tree wardens attend seminars,



take part in tree planting or tell residents if excess foliage is causing a hazard to traffic or pedestrians. This work is useful in avoiding insurance demands as notifying the correct agency of problems may help to refute negligence claims. If officials are warned of potential risks, they are obliged to act to limit the danger to others. Yet this duty of care is often ignored until a crisis occurs as happened recently when strong winds caused many trees to fall into gardens, public parks and across roads. To their credit, the grounds staff from our Parish Council moved quickly to shift

fallen trees and branches rather than wait for the slower response from the 'correct' agency.

My picture shows the huge ash tree which shed a large limb into the churchyard of St Peters, Riverside being reduced to a large pile of timber by skilled operators. The balletic performance of the cutting-crew high above ground was amazing but frightening to watch as the men above swung chain-saws around while dangling from ropes or walking around on wider branches lopping off stray limbs (not their own!)

There is no contingency fund for such expensive work so the cost must be borne by parishioners even though precious trees in a conservation area should have some form of protection.

As it is, my calls for proper management of highways Trees by HCC are ignored and we await the next round of delayed action panic by those in charge.

*Councillor Dreda Gordon (The Colneys) has allocated £500 from her locality budget to St Peter's Parish Church, London Colney so that they can remove a damaged ash tree and keep the church grounds in tip-top condition.*

*St Peter's voluntarily maintains the village churchyard both practically and financially as a gift to the community. Ed.*

# London Colney Primary - Out and About!

Lisa Valla, Head Teacher

We have had the most amazing couple of months at London Colney Primary School and our children have loved every minute!

Thanks to our wonderful PTA we were lucky enough to be able to take the whole school to the National Gallery in London. The children have found it hugely inspiring to visit the gallery. Every single child and adult that went to London seems to have come back with an idea of their favourite painting or artist.



*Willow sculpture contributed by year 6. How's that for co-operation!*

Samuel Ryder held an annual joint exhibition of primary and secondary school art work. Year 6 contributed by building a willow sculpture and Year 5 created a huge picture of the school, using the pointillist style of painting.

## Make a Will Month - March 2014

Prunella Murray, The Hospice of St Francis

The Hospice of St Francis is helping local people to make a Will by running Make a Will Month this March.

The charity has teamed up with selected local solicitors across its catchment area who will waive or reduce their fees for preparing a standard Will in lieu of a donation to The Hospice of St Francis.

Local solicitors participating include Taylor Walton which has offices in St Albans and Harpenden and Bretherton Law in St Albans.

Our Year 6 pupils got the fantastic opportunity to be on the radio, when they were chosen as Heart Radio's 'Class of the Week!' The listeners and the Breakfast DJ took part in competitions, led by the class, including 'Guess the film', in which the children had to act out famous scenes. They all loved being famous for the week!



*London Colney's good attenders brushing up their swordplay at the Harry Potter Studios.*

Children are always rewarded for great attendance and last term's 'Mystery Attendance Week' winners had the chance to visit the Harry Potter Studios. The lucky 7 pupils got to sit on the 'flying motorbike', practise casting magic spells with their wands and wander down Diagon Alley, passing Gringotts Bank and Fred and Georges joke shop.

One class has also visited Hazard Alley Safety Centre, where they learnt about different ways of keeping safe; from fire and road safety, to a bit of First Aid.



*At Hazard Alley, school children can experience real life 'risky situations' and learn how to deal with them in complete safety.*

Year 4 pupils visited Hendon RAF Museum, where they found out what it must have been like to be an Evacuee.

Our good links with the St Alban's restaurant, 'Jamie's Italian' continued to flourish when our Year 3 class became chefs at the restaurant, making some tasty, healthy meals.

We've had such great fun already this year and we've got so much more to come, including our 75th birthday bash in June. We'd love all of the village to join us in these celebrations.



you wish to support. Having a Will professionally prepared can also ensure that your estate is distributed in the most tax efficient manner.

All this can be achieved whilst contributing to the Hospice of St Francis, a very worthwhile cause, by participating in their Make a Will month in March 2014. Once signed, you can live life to the full safe in the knowledge that your loved ones are provided for."

## Studio 526 Dance & Fitness 4 All

**KIDSCANDANCE**  
STREET DANCE AND  
CREATIVE MOVEMENT FOR KIDS  
EVERY SATURDAY AT THE  
CALEDON COMMUNITY CENTRE  
LONDON COLNEY  
5-7 years 10:15 - 11:00  
8-12 years 11:00 - 12:00

**ZUMBA**  
fitness  
Monday 7.45pm  
Harpers Gym London Colney  
Tuesday 8pm  
London Colney School

**FIGHT KLUB** NEW CLASS  
Fight Klub is a new combat inspired fitness phenomenon taking the UK by storm! Beat Box is one element of Fight Klub that uses a focus mitts workout to highly energetic strongly motivational music. Fight Klub workouts are fun, effective, easy to follow and suitable for all levels.  
NEW CLASS STARTED THURSDAY JAN 9TH 2014  
LONDON COLNEY SCHOOL 7-8pm

**BOOJAKA** Booiaka is an intense cardio dance workout...  
...which incorporates many different dance styles such as Latin, Brazillian, Hip-Hop and Reggaeton, with the emphasis on having fun.  
Every Tuesday, Hertfordshire Sports Village, 6.30-7.30pm  
FOR MORE INFO ON ANY OF THESE CLASSES PLEASE CONTACT  
naomi526@hotmail.co.uk or call 07773202164

# St Bernadette Catholic Primary School is jubilant!

Lisa Barton, Head Teacher

St Bernadette Catholic Primary School has been at the heart of Catholic education in London Colney for over 40 years. It is very different to the school I inherited in 2011. As Headteacher, I am extremely proud and privileged to belong to a community working together in partnership to meet the challenges and opportunities of our mission statement to: 'Learn to grow in knowledge, faith and love through friendship with Jesus and Mary.'

Being a Catholic school, the distinctive service that we offer is based on our commitment to inspire, and be inspired, by a "spirit of love". Whilst the progress and changes did not happen over night, St. Bernadette Catholic Primary School is now a strong learning community worthy of Ofsted's judgement as a "good" school!

With Christ at the centre of all that we do, the Gospel values are the criteria against which the life, progress and faith journey of the School community are assessed, challenged and renewed.

Securing good and outstanding teaching was a decisive factor in improving pupil progress. A high turnover of staff at any one time is never ideal; at the start of this academic year (2013) we had six new teachers,

five of whom were NQT's! Our first recruitment criterion did not include 'a first-class Honours degree'; we wanted like-minded colleagues who saw the great potential in all pupils, who were able to motivate, engage and inspire by their own passion and zeal to be a lifelong learner. In this respect, we consider ourselves to be a forerunner to "teaching schools" without the prestigious title or remuneration.

As many schools will testify, success and lasting improvement are only possible through a genuine commitment to do one's best and to strive for excellence at all costs. It is not a journey for the faint hearted; neither can it be undertaken alone – a fact that was astutely acknowledged by our Ofsted inspectors: "The headteacher, key leaders, staff and governors have worked well together in bringing about necessary improvements."

Parents too, stand shoulder to shoulder with us on our journey. Together, we share a vision for each child to be cherished and have fun in these formative years, while offering them the best opportunities for an excellent education.

Our 2013 Ofsted report is a



celebration of what we can achieve when our entire community works together. We will ensure that we build upon our success to become an outstanding school. Likewise we will not stand still nor become complacent. We are all convinced that it is our team approach that makes us the successful school we have become; proud to be at St Bernadette Catholic Primary school and proud of what we achieve.

We are very fortunate and thankful to be supported by the Diocese of Westminster and our local authority, Hertfordshire in our mission.

## Quiz Night

**Saturday 22 March 2014**  
7:30pm prompt  
St Stephen's Church Hall,  
Watling Street,  
St Albans AL1 2PX  
Parking available

£12 per person including fish & chip supper; alternatives offered.  
Tables of 6, 8 or 10 people

You may bring your own drinks  
Raffle on the night  
For further information please contact Avril Foster on 01727 862079 or [avril.foster@ntlworld.com](mailto:avril.foster@ntlworld.com)

**WE ARE MACMILLAN. CANCER SUPPORT**  
Registered charity No 261017  
St Albans & District Committee

**FOR THE BEST ADVICE ON HOW TO ACHIEVE THE MAXIMUM POSSIBLE PRICE OR RENT FOR YOUR HOME**

**- CONTACT THE PEOPLE WHO KNOW**

*Successfully moving local people for almost 40 years*

- ✓ FREE VALUATIONS AND RENTAL APPRAISALS
- ✓ COMPETITIVE FEES - **WE WILL NOT BE BEATEN!**
- ✓ MANY WAITING BUYERS AND TENANTS

ST ALBANS 01727 844444	LONDON COLNEY 01727 824311	PARK STREET 01727 875555
---------------------------	-------------------------------	-----------------------------

# LANGLEYS

[www.langleysestates.co.uk](http://www.langleysestates.co.uk)

## FAMILY & CHILDRENS MARTIAL ARTS

# FREE TRIAL Tae Kwon Do

- Learn the most fascinating Martial Art on earth
- Improves cardio fitness & confidence
- Learn practical self defence
- Make lifelong friends and have fun
- Non profit clubs with 20 years existence

**FREE UNIFORM membership & insurance upon enrolment - only £40**

Under 11's classes Mondays - 4.30pm / Thursdays - 4.30pm in London Colney Community Centre, Caledon Road, London Colney, St. Albans  
Family class also run Mondays - 6.30pm in St. Albans  
Under 11's Wednesdays - 6.30pm in St. Albans  
**TUITION ONLY £25 PER MONTH (UNLIMITED)**  
TEL: 01727 827624 MOB: 07960 476124

[www.uk-ltsi.com](http://www.uk-ltsi.com)  
**BEGINNER COURSE STARTING NOW!**

## Youth Shelter

Maria Aguado, LCPC



The youth shelter is coming to the Caledon Road playing field - but not quite yet!

A site visit at the end of January showed that the ground is far too wet for the heavy lorry to cross the grass so delivery has been rescheduled. We now expect, weather permitting, to have the shelter in time for the school Easter Holidays.

Residents of Wheathampstead are delighted to be able to keep the shelter for a little longer; it is well used, residents of nearby flats have had no problems nor have there been any complaints from users of the car park by the river in which the shelter is situated.



**WILLOW'S FARM VILLAGE**  
WHERE ACRES OF FUN BEGIN

Visit [www.willowsfarmvillage.com](http://www.willowsfarmvillage.com)  
for our latest events or call  
**0870 129 9718**

We can keep the shelter for six months but St Albans District Council have assured us that it can be removed before then if it becomes a focus for nuisance and local residents are inconvenienced. Sandridge residents are keen to take their turn and have a site ready and waiting if we return the shelter early.

I hope this project is a success and that people of all ages will find the shelter a pleasant place to sit and chat, keep one eye on the children on the playground or just enjoy a little shade on one of those hot summer days we're all looking forward to this year.

## Highfield Park

Richard Bull, Park Manager

If you are not familiar with Highfield Park we would be delighted if you paid us a visit and come and have a walk around. The park is about 80 acres and was created nearly 20 years ago when Hill End and Cell Barnes hospitals were closed. The park is situated on the south east side of St Albans and can be accessed from various points including Hill End Lane, Highfield Lane and Highfield Park Drive; there is a map on our website.

The park has a number of interesting features including some fine specimen trees, (there is a tree trail which takes you on a 2 mile walk), open park land, a maze, a Mediterranean garden, two orchards and football fields; we are the home of St Albans City Youth Football Club. We also have woodland, some ancient and some more recently planted, the most recent being Hither Wood, a Jubilee Wood, planted to celebrate the Queen's diamond jubilee. Last summer, HRH The Countess of Wessex officially opened the wood and planted a tree.

The park is managed by a charity



'Highfield Park Trust' with a group of 13 dedicated trustees. The Trust would welcome applications for 3 more trustees to join the board. In particular the board is looking for individuals who have a background in law. It is essential that anyone interested in becoming a Trustee is a park user and lives in the St Albans area. Please contact Richard Bull (details below) in the first instance.

The Trust runs a number of events throughout the year; the Events Planned for 2014 include:

The Easter Bunny Hunt, for our younger residents who can enjoy some fresh air in Highfield Park on Wednesday 9 April anytime between 10.30 and 14.30, meeting at West Lodge.

Find out about the park's history on the History Walk on Sunday 4 May from 10.00 to 12.00, meeting at West Lodge.

Learn about the parks interesting trees on the Tree Trail Walk on Sunday 18 May from 10.00 to 12.00 meeting in Charters Car Park.



Our popular Summer Fete with fun for all the family will be on Saturday 12 July from 14.00 to 17.00 on the Cricket Field.

We would be delighted to see you at our Annual General Meeting on Tuesday 16 September at 19.30 in the Apex room at Trestle Arts Base.

Apple Day is a chance to buy some of the park's own apples, buy our delicious apple juice or enjoy a cup of tea and cake in the 'Apple Cafe', the event will be on Sunday 5 October from 14.00 to 16.00 at Charters Health Club.

## Baptist Church News

Adrian Wood

The beginning of the year marks various annual awards ceremonies, especially in music and film. It is the chance to see the 'A' list of celebrities gather and to be recognised for their work over the last year. Magazines like to scrutinize what celebrities wear and pass judgement on whether the expensive designer outfits are 'Hit' or 'Miss'. In some cases, it demonstrates that money simply cannot buy taste!

We all know the music and film industry is a fickle world. People are quickly elevated onto a podium and lavished with praise and adoration and then discarded not long after. Very few manage to develop a career that lasts.

The ancient words below were

attributed to a man who has had more followers than any celebrity in the entire history of the world.

"There was nothing attractive about him, nothing to cause us to take a second look. He was looked down on and passed over; a man who suffered, who knew pain firsthand. One look at him and people turned away. We looked down on him, thought he was scum." (Book of Isaiah)

Jesus is not what we call a celebrity or even a trendy person to talk about, but yet he has influenced more people than anyone else. Not bad for someone who didn't write a book or travel more than 200 miles from his home.

We will be approaching the season

of Lent and then Easter. It is when Christians remember more about this Jesus and the love he demonstrated to people in his life, ministry, death and resurrection.

If you would like to explore more about this Jesus then come and join us. I can guarantee you that he will always look upon you and say 'Hit' and never 'Miss'.

w: [www.londoncolneybaptistchurch.co.uk](http://www.londoncolneybaptistchurch.co.uk)  
Find us on Facebook!

Sunday Services @ 10.30am Toddlers Group every Friday 10-11.30am

Free Solicitors Surgery 1st Wednesday in the month @ 7.30pm  
(Rev'd) Adrian Wood  
01727 825 450

## St Peter's Church News

Rev'd Lynne Fawns



### Katwalk Fashion Show & Sale of Spring and Summer Clothing At Bargain Prices – May 8th 2014

If you love searching out a bargain but have never been able to afford 'Catwalk' prices, or don't feel that you possess a supermodel's figure, we may have the perfect solution to offer you.

On the evening of Thursday, May the 8th, St Peter's will be hosting a great fashion event as we welcome back the Katwalk Fashion Company.

Katwalk specialise in staging a very different kind of fashion event as they believe that the best way to show off their range of clothing is to travel to different venues and use ordinary volunteers from their audience to model different outfits.

Over the past few years St Peter's has held several of these events and we will be providing models of all ages and sizes once again. Following the success of past Katwalk events we know that you will be assured of an evening that's full of fun and laughter as our volunteers try their best to emulate real fashion models and show you the very best outfits of the season.

Not only will you be given the opportunity to see how different outfits look on 'real' women, after the show is over you will have the chance to try on and buy any outfits that may catch your eye at greatly discounted prices.

Fun and bargains – what could be better?

Refreshments will be on offer throughout the evening, so you will be able to sit back and enjoy a glass of wine or a soft drink as our models demonstrate 30 – 40 different outfits so make a note of the date in your diary and watch out for the posters that will be appearing around the village nearer the time.

### St Peter's Church Village Fayre – Saturday 21st June 2014.

With the year almost half way through, here at St Peter's church our thoughts are already turning towards Summer. And for us, that means dusting off the tombola stall, checking the Hook-a-Duck paddling pool for leaks and starting to compile lists of likely people who will be willing to run the many stalls that go to make up the annual Village Fayre!

As many of you may know, St Peter's has undertaken the refurbishment of our church building in recent years and we now have a wonderfully warm and comfortable church. A diverse number of village events and meetings are now able to be held there, making it a real village and community resource, as well as being a welcoming place of worship.

And because we are at the very heart of our village, this brings me nicely back to the Village Fayre, which has become a major event in London Colney's Summer calendar.

As always, the emphasis will be on Fun for All the Family, from the smallest child, right up to the most competitive dad and there will be many games stalls, such as Roll-a-Penny, Lucky Dip and Knock-the-Cans-Over-With-a-Beanbag, all at pocket-money prices!

Among the many stalls on offer, the old favourites will still retain their place and the day would be incomplete without traditional offerings such as the cake stall, with its magnificent range of home-baked cakes, biscuits and

iced fancies and the tea stall, with its waitress service, offering hot or cold beverages to enjoy whilst sitting in the sun, chatting with your friends and watching the children having fun.

One of the best reasons to come and visit is to listen to the live music throughout the afternoon from our regular band, Summer Punch. There's no charge to sit and enjoy their music for as long as you want so why not grab a burger or hot dog from the all-day barbecue and sit back and enjoy the Summer entertainment for a while?

Of course, our Village Fayre wouldn't be complete without the main event of the day – the St Peter's Duck Race and 2014 is no exception.

Anyone who has visited the Fayre in past years cannot fail to recall the sight 200, yellow ducks racing down the river in front of the green towards the finishing line at the bridge!

This year, the prizes for the winning ducks will be bigger and better and there will be a children's prize and an adult's prize. Ducks can be sponsored at the Fayre and in selected venues in the weeks leading up to the race, so do look out for them.

Please put the date of the 2014 Village Fayre in your diary right away – Saturday the 21st June, starting at 11am and running through into the afternoon. You will be guaranteed a day filled with good, old-fashioned fun for all your family, free music and entertainment, mouth-watering food, drink, prizes and memories that you and your children will cherish for many years to come.

Watch out for the 'Lucky Leaflets' coming through your door very soon and, if you bring yours along to the Fayre, you have the chance of being entered into a very special, 'Lucky Leaflet' draw, so make certain to keep your safe and we hope to see you all there!

## Irene Casper - Our New Parish Council Clerk



I am delighted to have been appointed as the new Clerk for London Colney Parish Council.

I moved from Yorkshire to Hertfordshire in 1990 with my husband and three children (a son and twin daughters). My career has always been in office administration and accountancy and in 1994 I attended Oaklands College to upgrade my computer skills. I began working for Wheathampstead Parish Council in 1995 as an administration assistant progressing to assistant Clerk.

I then studied for the Certificate in Local Council Administration (CILCA) and became a qualified Clerk.

I would like to thank everyone; councillors, staff and members of the public for the warm welcome I have received and look forward to meeting many more parishioners at the public events planned in London Colney this year.

Irene Casper

## Kick Start the Week

Cllr. Helen Pakenham



Our Caledon Centre Coffee Mornings kick started 2014 on Monday 13th January.

We look forward to welcoming you all in the New Year on Mondays 9.00am to 11.00am, where you will find a warm welcome with a warm drink.

COFFEE & BISCUITS £1.50

TEA & BISCUITS £1.00

## Foot Care

Cllr. Laurel Blyth

The new Parish Council Foot Care service which began in September last year has been a great success. Clients have been booking in advance for the service which is held once every 4 weeks on a Monday at the Morris Pavillion, Whitehorse Lane. Two footcare specialists are in attendance; Emma Chyla and Sandra Gray.

Volunteers are available to give you a lift if you have a problem with transport.

Phone Emma Chyla on 07535 589941 to book a morning appointment or Sandra Gray on 07580 572349 for the afternoon slots. Both practitioners will take clients outside their usual hours if needed.

Book now for the next two sessions which will be on 31 March and 28 April.

This excellent service still costs only £15 per session - very good value!

Once you've tried our new Foot Care service you'll be all set to Kick Start the Week in style.

Published by London Colney Parish Council, London Colney Community Centre, Caledon Road, London Colney, AL2 1PU

**w: [www.londoncolney-pc.gov.uk](http://www.londoncolney-pc.gov.uk) t: 01727 821314**

**Parish Clerk: Irene Casper e: [parishclerk@londoncolney-pc.gov.uk](mailto:parishclerk@londoncolney-pc.gov.uk)**

**Community Manager: Tom Bagge e: [communitymanager@londoncolney-pc.gov.uk](mailto:communitymanager@londoncolney-pc.gov.uk)**

**General Enquiries: Richard Gannon e: [info@londoncolney-pc.gov.uk](mailto:info@londoncolney-pc.gov.uk)**

Printed by Stephen Austin & Sons, Hertford

